PARANORMAL UNDERGROUND®

Volume 12, Issue 1 January 2019

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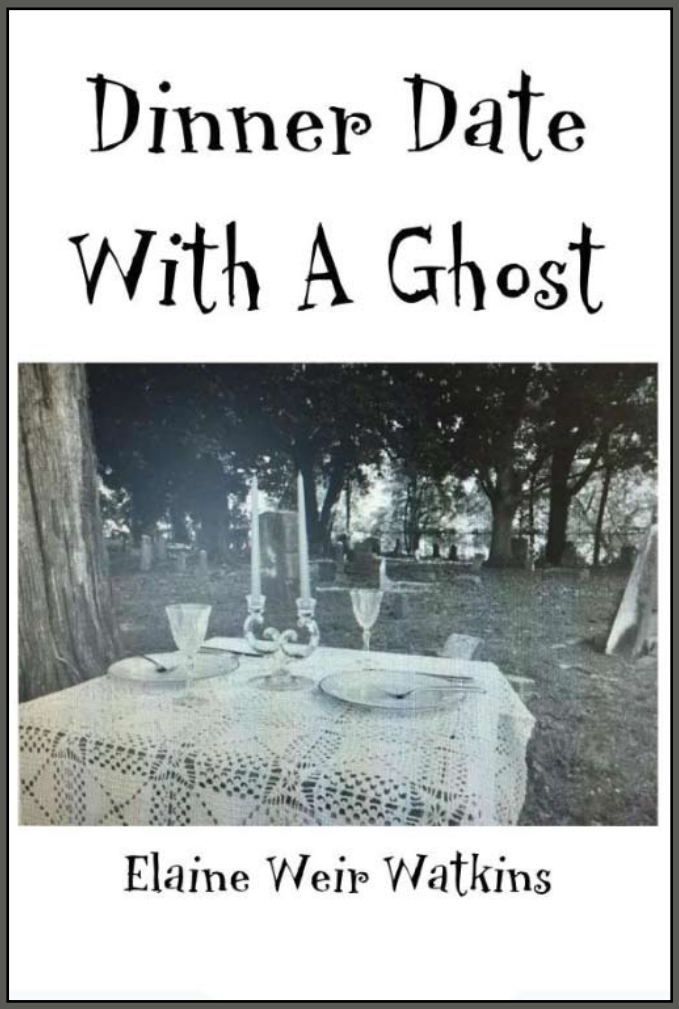

IN HER NEW BOOK, "DINNER WITH A GHOST," ELAINE WEIR WATKINS COMBINES TRUE GHOST STORIES FROM COVINGTON, TENNESSEE, ALONG WITH GOOD SOUTHERN RECIPES!

Contributors include Robert Fountain of Spectral Tech Paranormal Investigations. Photos by Danny Perry of Night Shadows Paranormal Photography. 196 pages. Too scary for kids! So look for a child's ghost that walks on a bed on South Main Street; ghosts that turn on gas fireplaces in a Covington landmark; and spirits that walk around in stores on the Covington Square.

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Chris has long held an interest in UFOs and the paranormal. His interest began in 1974; while out playing as a 14-year-old, he noticed a series of unusual lights moving across the early evening sky over his home town of Kingston upon Hull in East Yorkshire, England. This sparked an interest, and he eagerly read the available books on the subject.

Eventually, Chris decided to produce his own desktop publication known as *Faster Than Light*, a magazine aimed at spreading the news about global UFO sightings. Chris was the founding father of HUFOS (Hull UFO Society), where he was the chairman for a number of years. Chris is currently the editor of *Outer Limits Magazine*.

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Her favorite writers are Virginia Woolf, Thomas Bernhard, Penelope Mortimer, and J.D. Salinger. Other passions include horror movies, *The Addams Family*, *Dateline NBC*, Alfred Hitchcock, the paranormal, and cemeteries.

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Willie has appeared on A&E's *Cursed: The Bell Witch* and CMTs *Most Shocking Ghosts*. He also hosted his own public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he has his own group of sensitives, called Soul Warriors, who are based across the U.S.

CHERYL KNIGHT-WILSON

Cheryl is editor-in-chief of *Paranormal Underground* magazine and producer of *Paranormal Underground Radio*. She has more than 25 years of experience as a professional writer and editor and has published hundreds of articles on topics ranging from advanced technology to paranormal investigation.

Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications.

https://paranormalunderground.net/

MORGAN LINEBERRY

Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.

Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.

JULIE MEADOWS

Julie spent a good portion of her life playing guitar in heavy metal bands and touring the country. She then spent 10 years as a professional tattoo artist. She has since retired from both and is now an artist, graphic designer, and the owner of Cosmic Alchemy. She is also a video creator and has her own YouTube channel.

https://www.redbubble.com/people/c0smicalchemy
https://www.youtube.com/c/CircusMaximusFamily

ATHENA PERRAKIS, PH.D.

Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of

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Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance. Her guiding philosophy is that those who develop and maintain a consistent and sustainable spiritual practice — one that aligns with their own cultural values and spiritual beliefs — will enjoy a longer, healthier, and happier life.

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MICHELLE M. PILLOW

Michelle is a *New York Times* and *USA Today* bestselling author writing in many fiction genres, including the Dragon-Shifter series *Dragon Lords* and *Captured by a Dragon-Shifter* and the mischievously magical *Warlocks MacGregor*. A skeptical believer, she has a fascination with anything paranormal.

Michelle loves to travel and try new things, whether it's a paranormal investigation of an old Vaudeville theater or climbing Mayan temples in Belize. She has a BGS in history/business with an English minor and a photography degree. She is the co-owner of www.TheRavenBooks.com.

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DIANE TESSMAN

Diane is an internationally recognized UFO investigator, abductee, and experiencer who has undergone an extensive number of contacts since the age of four. She explains that there is a "shared consciousness" with her alien guide Tibus. Over 35 years, she has accurately predicted a number of earth changes and disasters.

Diane publishes two newsletters about coming earth events and how to live through them. She is founder and director of The Star Network Animal Sanctuary and Wildlife Refuge. Diane has written six books, including *UFO Agenda: So You Want to Know the Truth*; *Earth Changes Bible: A Personal Guide to the Coming Global Transformation*; and *The Transformation: With Channeling From Tibus*.

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Maria Anna is an investigative journalist, columnist, author, radio correspondent, and theoretical physicist with a master's degree in ancient alchemy and bachelor's degree in metaphysics. Her interests include mythology, medieval and pre-Egyptian symbolism, and quantum, optical, particle, and astroparticle physics, among others.

As the founder and owner of *The Next Truth Magazine*, Maria Anna profiles open-minded scientists and non-scientists who combine accepted science and the still-unexplained events in life within their work and research.

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Audrey graduated from the University of Oregon with a bachelor's degree in English and a minor in creative writing. She then attended New York University's Summer Publishing Institute, where she spent two months having hands-on experience in the publishing industry.

Audrey works for Open Road Integrated Media, where she helps the content team pitch, write, and produce stories on the company's six content sites: The Lineup, The Portalist, Murder and Mayhem, The Archive, A Love So True, and Early Bird Books.

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Michael is a team leader, researcher, and investigator for Paranormal Research & Investigations. His interest in the paranormal began at age seven with his first paranormal encounter where he was thrown across a room by an unseen entity.

His paranormal interests include research into hauntings, ESP, PK, OBE experiences, UFOs, and cryptozoology. Having served in the military for 21 years, Michael utilizes his experience with surveillance and data collection in the pursuit of researching the unknown.

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A freelance writer, Chad is the publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

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Synchronicity Is a Beautiful Thing to Witness

Cheryl and I recently watched the five-part documentary series *Hellier*, produced by the folks at Planet Weird. While initially the documentary started out as an investigation into goblin-like creatures spotted in the mountains of Kentucky, at its heart, the series is really about synchronicity — the simultaneous occurrence of events that appear significantly related but have no discernible causal connection.

Chad Wilson, Publisher

The concept of synchronicity was first coined by psychologist Carl Jung. He further believed that life was not just a series of random events leading us from point A to point B, but was rather an expression of a deeper order. According to Jung, this deeper order manifested itself in each person's life and that the realization of this order was a sort of spiritual awakening as we came to realize our place in the wholeness of things.

Cheryl and I have come to realize the power of synchronicity. As an example, we continually receive unsolicited articles from different authors for this magazine. At times, these articles come in unsolicited right when Cheryl needs them, and many times they contain the same theme but from different viewpoints for the same magazine issue. It is as if the Universe is responding by providing Cheryl what she needs exactly when she needs it to get the information out.

I am a big believer that there are no coincidences in life and that we are at each specific moment because that is where we are meant to be. These synchronicities occur so that we are in position to teach a lesson, learn a lesson, or put in place the actors or scenes for future lessons from, or for, a particular person.

As Shakespeare said, "All the world's a stage, and all the men and women merely players." I believe that with synchronicity, our higher selves are the directors of our various lives, leading us to where we need to be in each moment.

Hellier dealt with such occurrences, as the hosts and film crew were led down a path by various synchronicities to find themselves at a specific location at the end.

SPOILER AHEAD!

At the end of the series, the investigation team encountered paranormal phenomena in an old tunnel/cave system in the mountains of Kentucky. And while the meaning behind this communiqué was not fully understood at the time, everyone felt a sense of completeness at its conclusion, like they had accomplished what they were supposed to.

If we each pay attention to the synchronicities around us, I believe our life paths will lead us where we need to go. We all have a part to play in this great journey of life; in our own lives and in the lives of others around us. By paying attention to the Universe and what it has to say, we can more effectively forge our way forward learning the lessons we need to and unraveling the mysteries of life and beyond. ◆

February 23–24
Rochester Winter Parafest
Valley Oak Event Center
Geneseo, New York
www.facebook.com/Winterparafest

March 1–3
UFO/Paranormal Summit
Quinault Resort & Casino
Ocean Shores, Washington
www.ufosummit.com

March 9–10
Bayou City Paranormal Symposium
Lone Star Convention & Expo Center
Conroe, Texas
www.badwolfevents.com

March 9–10
Gift of Light Expo
Ohio Expo Center
Columbus, Ohio
https://giftoflightexpo.com/

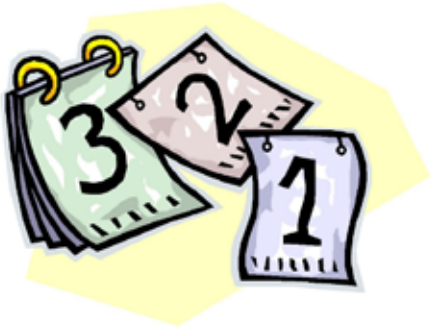
March 18–23
MUFON Cruise
Roundtrip from Ft. Lauderdale, Florida
www.mufoncruises.com

March 29–31
Oregon Ghost Conference
Seaside Civic & Convention Center
Seaside, Oregon
www.oregonghostconference.com

April 5–6
Salem Con
Hawthorne Hotel
Salem, Massachusetts
www.mghparanormal.com

April 6
Butler Paranormal Conference
Tanglewood Center
Butler, Pennsylvania
www.facebook.com/events/1826825784073288

April 12–13
New England Para-Fest



Kittery Community Center
Kittery, Maine
www.facebook.com/newengland-parafest

April 13–14
Gift of Light Expo
Cuyahoga County (Berea) Fairgrounds
Middleburg Heights, Ohio
https://giftoflightexpo.com/

May 3–4
Haunted Heights Paranormal Convention
Clive & Dot's Anchor Inn
Houghton Lake Heights, Michigan
www.facebook.com/events/2002110806769405

May 3–5
Virginia City ParaCon
Various locations
Virginia City, Nevada
https://www.vcparacon.com/

May 4–5
ParaPsyCon
The Ohio State Reformatory
Mansfield, Ohio
https://gefeketik.wixsite.com/para-psycon

May 10–17
Wicked Waters Cruise
With Haunted Tour Excursion
Boston, Massachusetts (to Bermuda)
https://www.wickedwaterscruise.com/

E-mail your paranormal event to editor@paranormalunderground.net. ◆

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Ghostly Marriage, Feline Beast, Lady in White, and Satan's Helper

By Morgan Lineberry

Woman Divorces 300-Year-Old (Pirate) Spirit

I have heard of people feeling a spiritual connection with their significant other, but this first story takes this to a new, and very literal, level. Sylvia Pownall of Mirror.co.uk recently informed readers that "a woman who married the ghost of a pirate has revealed she has split from her 300-year-old husband and has issued a warning."

Image source: *Triangle News*

The woman, Amanda Sparrow (46), who is a Jack Sparrow impersonator, "was legally married to the Haitian pirate by a shaman priest." When she married the spirit — a pirate from the 1700s — she thought she'd found her soulmate. The spirit appeared beside her in bed in 2014, thus beginning their relationship.

Apparently, the marriage didn't last, as Sparrow had this to say on a social media post: "So I feel it's time to let everyone know that my marriage is over. I will explain all in due course, but for now all I want to say is be VERY careful when dabbling in spirituality. It's not something to mess with ..."

While I don't suggest looking for your soul mate in the spirit realm, I do believe as long as you are not hurting anyone you should do whatever makes you happy. With this said, odd as the marriage is, I wish Sparrow all the happiness in this world and the next

The Beast of Bucks Seen in Buckinghamshire

Our next story is not paranormal in the sense of monsters or spirits, but it certainly isn't normal and is disconcerting to say the least. Stephanie Wareham of the *Bucks Free Press* brings us a report of a new sighting of a large feline that has been prowling the Bucks area in Princes Risborough in Buckinghamshire, England. She explains that "for years locals have reported brief glimpses of a large cat — believed to be a puma and dubbed the 'Beast of Bucks' — stalking the area," and follows this with the most recent report:

"The latest sighting was reported in Princes Risborough on November 30 by a panicked homeowner, who spotted a large animal prowling just meters from her home."

The lady who spotted it was able to describe the sighting in perfect detail. She was turning out of her driveway and "only 50 meters from her front door [she saw] a fully grown Puma in the headlights." The lady called the police in a panic, as pumas are not native to the area.

Other sightings of the "Beast," or evidence of a large cat, such as puma prints, have been reported from other local locations, including a golf center, a factory, and even among urban housing. Hopefully, wildlife officials will investigate and relocate this cat to more appropriate surroundings soon!

Ghostly Lady in White Caught on Film

The lady in white is a classic ghost story, generally about a female hitchhiker. There are variations on the story. Sometimes it is a young woman trying to get home from a prom, dance, or party. Sometimes it is a mother trying to get home to a child that is no longer alive or grown and living somewhere else. Other times it is a sad female, perhaps scorned by a lover, who commits suicide in a repetitive cycle.

According to a Disclose.tv report, a lady in white was spotted and videotaped "in India on a road near Chikkamagaluru. Three friends were driving late at night and happened by a ghostly entity. Whatever this was, later would jump from a stone cliff."

It is a generally accepted theory among the paranormal enthusiasts that most lady-in-white sightings are residual energy stored in the atmosphere caused by a past traumatic event. Something so strong and emotional happened and left a mark on the area, causing people to witness the act over and over. Granted, there are exceptions where the spirit seems to be lucid and interacts with a person driving or hops into the vehicle uninvited (which would send me off the road in terror).

Based on the video itself, I think this is definitely residual energy. It is also a great example of a legend that we have all heard and many have tried to witness first hand. This proves that classic tales of the paranormal never lose their intrigue.

Bloody Mary for the New Age?

Yet another twist on a classic tale is the story of Repleh Snatas, as relayed by Terry Larch of *Freak Lore*. We have all heard of the Bloody Mary game – you say her name three times in front of a mirror, and she will appear. Well, now we have "a Web page dedicated to a little girl known as Repleh Snatas. Quite creepily, this name spells out backwards Satan's Helper. The name is actually pronounced as Re-Pleur Snatus."

The mysterious Website only seems to be active at midnight and "seems to be a memorial for someone who had died" and tells the story of the girl's life and death. According to the Website, "It is believed that this little girl was born sometime during the 18th century. She entered the world allegedly after three or four different miscarriages. The mother said, that in order for her to be born, the others had to die." Her father believed the girl was evil, locked her away, abused her, and eventually killed her.

According to the *Freak Lore* story, "The legend is, if you write Repleh Snatas on a mirror six times under candle light, then blow the candle out, the mirror will crack and she will appear right behind you." Close your eyes now, because if you turn around, she will kill you.

There is even an option to give her names of your enemies and let her attack them. As fun as this sounds, I think I will have to pass. Better safe than dead! ◆

Got Paranormal News?

Do you have paranormal news you'd like to share with Paranormal Underground?
Email editor@paranormalunderground.net

'Once Upon a Missing Time' – The Movie

An Interview With Film Director Nassim Abassi

By Chris Evers, Outer Limits Magazine

It was recently announced that UFO researcher, author, and lecturer Philip Mantle sold the rights to his first novel, *Once Upon a Missing Time*, to film director Nassim Abassi, who intends to turn the novel into a movie and release it globally. Nassim kindly agreed to answer several questions about his ideas and his plans for this project.

* * * * *

Q: I would like to begin with asking the question: Who is Nassim Abassi? Can you tell us a little about yourself?

Nassim: I am a filmmaker who loves good stories. As a child, I discovered beautiful stories in books, then later in French graphic novels and American comic books. I fell in love with graphic novels and started drawing and writing my own comic books at the age of 12. I used to share them with friends at school and family, and for a while I thought that being a graphic novel artist was what I wanted to do when I grew up.

But then I discovered cinema and the power of movies. I decided to do everything I could to get into a film school and tell my stories through movies. It was a difficult journey, but I managed in the end to write, direct, and produce four feature films and set up my own film production company, Moondust Production. My first feature film, *Majid* (2011), was selected in more than 30 International Film Festivals and won many awards.

I have at the moment several film projects and TV series at different stages of development, and one of my film projects is the adaptation of Philip Mantle's novel *Once Upon a Missing Time* into a feature film.

Screenwriter and film director Nassim Abassi is the chief executive officer of Moondust Production in Morocco.

Q: I take it that you must have seen a wide range of movies in your time, but when it comes to UFO-related movies, is there a favorite of yours at all?

Nassim: Although it's not the obvious film choice that comes to mind when thinking about UFO-themed movies, I believe that Stanley Kubrick's masterpiece *2001: A Space Odyssey* is actually a quintessentially UFO movie. The film story starts with the explicit purpose of investigating the possibility of extraterrestrial life.

I remember we had a VHS copy of the film at home, and I must have been 14 or 15 years old when I got obsessed with this movie. I kept watching it and watching it again and again, maybe over 30 times. I was fascinated.

We never got to see the aliens in that movie, although I read later on that Kubrick planned to have the aliens depicted at the end of the movie after the main character, David Bowman, crosses the Stargate. Kubrick worked on the idea for several months and did several screen tests for the alien's characters but abandoned the idea in the end, as none had "something that would produce the right shock of recognition" — as author and screenwriter Arthur Clarke wrote later about the making of the film.

The black monolith was the only survivor of these months of research about how extraterrestrial life should look in the film. It's actually the only alien presence left in the movie. And that was Kubrick's stroke of genius.

Q: Have you produced or been involved with any other UFO or sci-fi-based movies or TV series before?

Nassim: No, not yet. And that's why I am very excited by this film project based on UFO expert Philip Mantle's first novel.

Q: What is the usual production time from picking the actors or writing the script and this becoming available to view on TV?

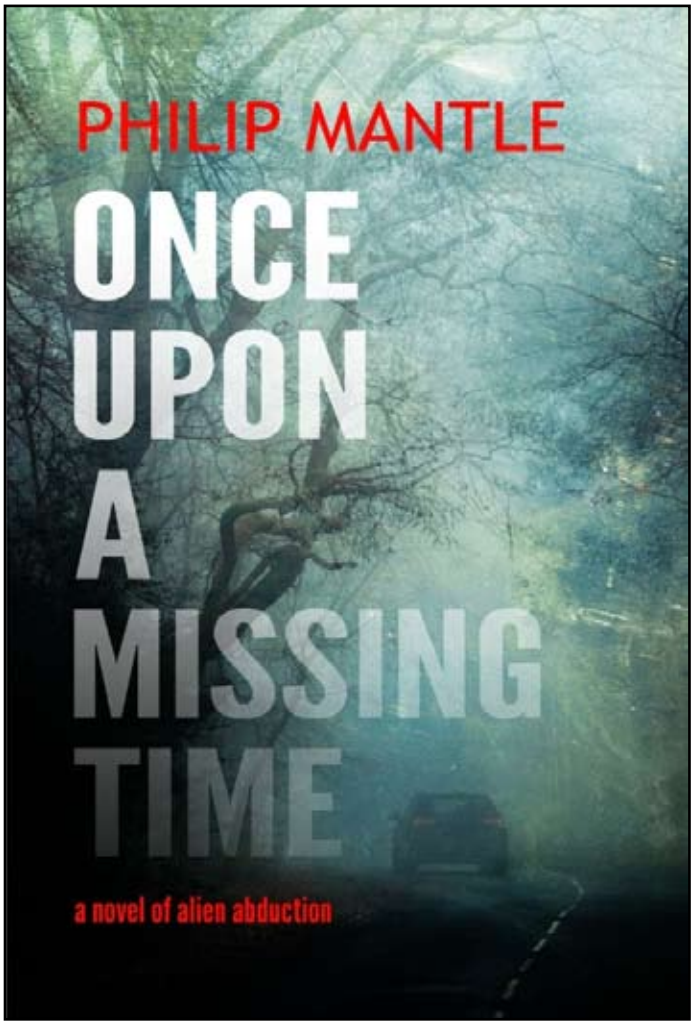
Nassim: It all depends actually. It depends on how much financing we will be able to get for this project and who will be our financial partners for it. The main thing that may take extra time for this kind of project, as opposed to other film projects, are the special effects that we will need to do for this film, which are very important to get right for this story as we will be filming what happened during the UFO encounter with the main character of the novel.

I hope this film project will be released for cinema first before being screened on television. But if we get Netflix on board for this film, then it may not get a release in cinemas and would be available on TV as soon as the film is finished and done.

Q: From my point of view it seems logical to ask if you are personally interested in the UFO subject. And if you are, how did this begin?

Nassim: Yes, I am. I always had a strong interest in science-fiction stories since I was little, whether it's in books, graphic novels, or movies. Actually, one of the graphic novels I drew when I was younger was a *Star Trek* kind of story with the main characters exploring space and meeting extraterrestrial life.

I was more of a *Star Trek* fan than a *Star Wars* fan. I loved watching, for example, the *Star Trek* and *Space 1999* TV series, as well as a Japanese Manga TV series



Although a work of fiction, *Once Upon a Missing Time: A Novel of Alien Abduction* by Philip Mantle is based on real-life "close encounter" cases from the UK: "All of the characters are based on people who have either experienced this phenomena first hand or have been UFO investigators."

called *UFO Grandizer* (1975). There was also a French UFO encounter comedy film that I also loved at the time called *Le Gendarme et les Extra-terrestres* with French comedy genius Louis De Funes.

Q: Of course the obvious question to follow would be have you seen a UFO in person?

Nassim: No, I didn't get that chance yet. I am still hopeful though! :)

Q: So, when it comes to Philip Mantle and his work, how did you get to know about him?

Nassim: I met Philip through social media, Facebook, as I was looking for more information on UFOs. I wanted to know the opinion of an expert on the subject that had fascinated me since I was a teenager.

→

Q: Once you got to know about Philip and his work, what did you have in mind when you first made contact?

Nassim: I asked him about the UFO cases he worked on and which one would be great to adapt into a movie. That's how I discovered that he had already written a novel based on UFO cases he studied.

Q: How did you decide that his novel was the right one to adapt into a movie?

Nassim: I've been fascinated and excited by the subject of UFOs since I was a teenager, and I found that excitement again when I read the novel in one seating during a film recce from the North of Morocco to the Sahara desert. Although a novel, the book was clearly based on real UFO cases, as it's written by Britain's most respected and renowned UFO investigator.

Philip agreed to sign an option agreement with my film production company so that we can turn his novel into a great movie. To translate the power of a UFO close encounter story to the screen, such as the one described in Philip's novel, is a dream that I've long held dear. I'm really excited to be able to start working on this project, and I hope to make this dream come true.

Q: Now that Philip and you have signed an agreement to try and adapt his novel into a movie, what is the next step?

Nassim: The next step for me is to write a great screenplay based on the novel so that we can start looking for funds and investors for the film.

Q: I know it's a long way off, but do you as a film director have a view or a vision of how this movie would look if it gets made?

Nassim: I loved what Denis Villeneuve did in his film *Arrival* (2016), the tone of the film, the cinematography, the alien creatures, the alien ship, everything about it was just beautiful and in harmony with the story told in that film. I'd like to achieve a similar degree of harmony for this film project.

I loved also what Steven Spielberg did in *Close Encounters of the Third Kind* (1977), which was another great UFO film and one of the best American science fiction films ever made. I especially loved how Spielberg explored the emotional consequences for the hero of the film, a family man, after he experiences his first close encounter. I want my film project to have a strong emotional core too, and I'd like this movie to be a great film experience for the viewer.

Q: I've read the novel and know it is set in Yorkshire. If the movie goes ahead, would you be looking to film in Yorkshire?

Nassim: Yes, I actually want to shoot the film in the same location that is described in the novel.

There are many beautiful locations in Yorkshire, and I love that area of England. My younger brother used to live there a few years ago, and I used to visit him there.

> *"The book was clearly based on real UFO cases, as it's written by Britain's most respected and renowned UFO investigator."*

Q: Of course, this question is probably impossible to answer, but if you had your pick of actors for this movie, who would they be?

Nassim: As a producer, I would love to get a well-known star to play the main character in the movie, because it'll help us raise awareness about the movie and get finances for the film. As a film director, I just want to get really good actors to play the different parts in the film.

Q: If you were a gambling man, Nassim, what do you think the odds might be that this project comes to fruition and the movie gets made? How confident are you?

Nassim: I'm pretty confident, as there has been quite a few movies and TV series released this year that dealt with the subject of UFOs. So there is still real interest in the subject today. We just need to get that script ready and go for it.

Q: Is there anything else that you would like to say about this movie project as we bring this interview to a conclusion?

Nassim: Both Philip Mantle and I are very excited about this movie project, and we both hope that we will be able to make this dream a reality very soon.

* * * * *

For more information about Nassim Abassi and Moondust Production, visit https://moondustproduction.com/about-us-3/. For more information about Philip Mantle and his research, visit http://flyingdiskpress.blogspot.com/p/philip-mantle.html. ◆

Oregon Paranormal:
Empowering Clients With Knowledge and Confidence

By Cheryl Knight

Established in 2009, the Oregon Paranormal team operates with two primary goals in mind: conducting unbiased and open-ended research of otherwise unexplainable paranormal phenomena and assisting people in understanding paranormal activity. Located in Clackamas County, Oregon (about 15 minutes from Portland), the team investigates abandoned homesteads, historical buildings, businesses, museums, hotels, underground tunnel systems, battlegrounds, and private residences.

Casey Goodwin, cofounder and director of operations of Oregon Paranormal, recently spoke to *Paranormal Underground* magazine about his team, research methodologies, paranormal equipment, and compelling paranormal evidence.

* * * * *

Q: Please tell us a little bit about yourself.

Casey: Since paranormal research doesn't pay the bills, my day job is spent working in the comic book publishing industry working as a Routing Manager for Dark Horse Comics in Milwaukie, Oregon. I'm a father of two awesome boys and husband to an equally awesome wife. I love music, tattoos, comics, movies, and the paranormal.

I'm also an executive producer of an upcoming paranormal documentary, called *The Permanents: A Paranormal Case Study*. My co-producers are Michael White, Ben Robison, Neil McNeill, and Jay Verburg.

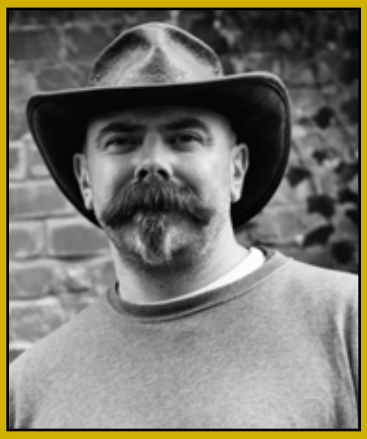
As a teenager, Casey Goodwin (Oregon Paranormal cofounder) was drawn to the mysterious and obscure, spending long evenings exploring abandoned homes, as well as other notorious locations.

Q: Talk about your paranormal team.

Casey: Our core team includes Scott Riedel, Tristan Goodwin, Nikki Van Ryn, and Jay Verburg. Our outside consultants and extended Oregon Paranormal family members include Michael White of Paranormal Research & Investigations; Ben and Nicole Robison of Autonomous Studies of the Enigmatic and Paranormal; Neil McNeill of Paranormal Studies Institute; and William Becker of Paranormal Insights.

Our team is comprised of some of the most experienced researchers in the Pacific Northwest, both open-minded and slightly skeptical in nature, each sharing in our core values of honesty, impartiality, and integrity in our research and investigative practices. With these values in mind, we have conducted numerous investigations at residential, commercial, and historical sites, at times working in tandem with other teams throughout the region.

Q: How did you become interested in the paranormal and founding a paranormal investigative team?



Pictured above (from left to right) are Oregon Paranormal's core team members Scott Riedel, cofounder and client relations director; Tristan Goodwin, historical research coordinator and field researcher; Nikki Van Ryn, investigator and field researcher; and Jay Verburg, director of historical research. Outside consultants and extended Oregon Paranormal family members include Michael White; Ben and Nicole Robison; Neil McNeill; and William Becker.

Casey: I would have to say that growing up on a healthy dose of the TV shows *In Search Of* with *Leonard Nimoy* and *Unsolved Mysteries* with Robert Stack. These two programs sparked my curiosity into the paranormal initially, but in 1991, while rummaging through books at a neighborhood yard sale, I purchased two books that set the foundation for my personal approaches to the paranormal: *ESP, Hauntings and Poltergeists: A Parapsychologist's Handbook* by Loyd Auerbach and *The Poltergeist* by William G. Roll.

Needless to say, I was hooked, and in 1993 I began conducting my own research by staking out old abandoned places with sordid pasts and local legends, which in Southern California was plentiful. In 2009, well after I relocated to Oregon, I decided to form an organized group with my good friend Scott Riedel, which I am happy to report just celebrated its 10th anniversary.

> "We experienced an intense static electrical charge followed by a rush of warm air, which then changed to an icy cold sensation."

Q: Tell us about your personal paranormal experiences.

Casey: In my 20-plus years conducting research and investigations, I honestly have not had too many mind-blowing experiences. However, one instance stands out in my mind as incredible, a situation where I found myself at the right place at the right time.

This happened in 2010 when we were working a case in Eagle Creek, Oregon. A small home that had claims of voices, shadows, footsteps, and the feelings of being watched. As the investigation continued into the wee hours of the morning, Scott and I decided to take a break from the investigation to discuss the case and the witnesses. While we were chatting, Scott in a chair in the dining room and I standing up resting my back on the door frame, which lead to about a 13-foot hallway directly to the right of me, when the unexplained event occurred. The hallway lead to a bedroom to the left and a bathroom on the right.

As we were chatting, I had the overwhelming sensation that we were being watched. About a second later, I could hear and feel the impact of footsteps rushing toward me from the end of the hallway. Naturally, I moved out of the way, and as it passed, we experienced an intense static electrical charge followed by a rush of warm air, which then changed to an icy cold sensation.

In addition to our personal experiences, we had equipment readings that supported the changes in our environment: an initial temperature increase of 15 degrees followed by an immediate 25-degree drop in temperature and a slight increase in the Electro Magnetic Field (EMF) of 5.3 milligauss.

When we played back the audio of the event, we were able to capture the footsteps running toward me, which was then followed with odd static interference on the audio as this anomaly passed us. It was an incredible experience where, metaphorically, all the stars aligned for us.

Looking back, I still scratch my head. We have analyzed this experience to no end saying, "It could have been this; it could it have been that," but a concrete, natural explanation eludes us. It was an incredible experience that every researcher wants to observe, and we were lucky enough to experience it.

The unfortunate part is that the house changed own-

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Pictured above, Tristan takes notes while watching the monitors during an investigation at a private residence. Pictured right: Casey during an investigation at the Klondike Restaurant & Bar in St. Helens, Oregon.

ers and was eventually torn down, so we were never able to return to the location for further studies.

Q: What interests you most about the paranormal?

Casey: What interests me most about the paranormal are the whats, whens, and hows that surround these events and determining what factors are present when the events happen and whether they can be replicated under the same conditions.

Our research focuses more on the contributing factors of psychical events rather than just going into a location for six hours trying to record an EVP and getting vague responses that may or may not be paranormal.

> *"It is incredibly important for our team to enter a location with a well-balanced dose of curiosity and skepticism."*

Q: Whose work in the paranormal field do you respect the most and why?

Casey: I would have to say, first and foremost, that Loyd Auerbach, who wrote the handbook on paranormal research, was most influential. However, William G. Roll with his extensive research into Recurrent Spontaneous Psychokinesis (RSPK), otherwise known as poltergeist phenomena, contributed significantly.

The works of parapsychologist Tony Cornell, Sir Henry Sidgewick, Joseph B. Rhine, D. Scott Rogo, Harry Price, and Gertrude Schmeidler and her work in the study of ESP and PSI phenomena (coincidentally was a fellow resident in my hometown of Whittier, California) were also important to establishing my personal philosophies.

Q: What equipment do you usually take with you on an investigation?

Casey: The equipment we take on a case study is determined by the background information we collect months in advance of the investigation. Most of our cases involve a multi-camera DVR system, multiple handheld cameras, multiple digital audio recorders, clipboards, data forms, a few laptops for on-site data review, an ambient air thermometer, and maybe an EMF gauge to track down unshielded wiring and or devices and appliances that may be giving off higher than normal electrical radiation.

What I find interesting is that I see so many teams taking everything but the kitchen sink to an investigation. There seems to be a mindset that more is better, or more gear makes you look more legitimate. That's simply not the case.

Q: What methodologies do you use during investigations?

Casey: We take an unbiased approach in every case, no matter how bold the claims may be. We keep in mind that we are there for many reasons. First and foremost, we are there to help and support the client. Secondly, we are there to observe and report; can we corroborate the claims with data to back it up.

It is incredibly important for our team to enter a location with a well-balanced dose of curiosity and skepticism. It does us no good to enter a location with the mind set of "I can't wait to see how much 'evidence' we get,"

because that thinking, whether you like it or not, taints the results of the entire case and removes objectivity to the investigation and the data upon review.

Q: What is the most important part of a paranormal investigation?

Casey: The most important part of a paranormal investigation would have to be thoroughness. Approaching every case with a critical lens, leaving no stone unturned, and not setting expectations. Setting expectations is one of the many reasons why so many teams pop up and are gone within a year.

Q: What case(s) will you remember the most and why?

Casey: Every case is memorable for us because each of our cases last an average of six to eight months. This gives us an opportunity to really get to know our clients, as well as the quirks of the location. We also never close a case, even if we are able to provide some sense of closure or comfort for our clients. Our door is always open.

Q: What is the most compelling evidence of the paranormal that you or your team has captured?

Casey: The most compelling data we have collected thus far would be from the Eagle Creek Case with the hallway runner (previously mentioned) and a case we worked in Dallas, Oregon, just west of Salem. Many of the claims at the Dallas home were of a little girl who had been seen and heard throughout the home.

During the case study we experienced activity all across the board. Doors closing and opening, disembodied voices, the sounds of somebody running from room to room on the second story, all of which was happening during the initial walkthrough. We had not even started the investigation and the activity was off the charts.

In the end, we were able to provide the clients with undeniable information that there was in fact a little girl in the home, as well as a gruff, older gentlemen. Just an incredible case and a wonderful family. A family we still to this day hear from with updates like: "We heard her today" or "We bought her a Christmas gift so she wouldn't feel left out."

Pictured above (top): Casey and Jay review audio from an investigation at the Old Wheeler Hotel in Wheeler, Oregon. Pictured above (bottom), Scott takes EMF readings during an investigation at the Klondike.

This coming from a family who was terrified to even speak about the activity before we had gone in there.

I consider this case a smashing success because the family no longer lives in fear in their own home.

Q: Talk about common misconceptions about the paranormal field that you've encountered?

Casey: The biggest misconception that I can think of is the fear. There is nothing scary about it. Sure, it can be unnerving to some, but that comes with a lack of information. Unfortunately, a lot of the misconceptions stem

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Pictured above (from left to right) are The League of Extrasensory Gentleman, a group of paranormal investigators that includes Jay Verburg, Casey Goodwin, Ben Robison, Michael White, and Neil McNeill.

from what's being presented on many of the TV shows and movies.

The simple fact of the matter is that scary sells, but to present the information as fact and reality is simply deceitful and ultimately causes more damage than not. We find ourselves being more of a mop-up crew then anything because of something someone saw on TV.

Q: What locations do you have on your wish list to investigate?

Casey: I'd love to go back to Gettysburg. I'd also love to spend some time in Europe. So much history in a relatively small area is very intriguing to me.

Q: What words of wisdom would you offer beginner paranormal investigators?

Casey: The best advice I would give beginners would be to get out there and align yourselves with individuals who are doing the real research. Read books and abstract articles on parapsychological work that's been conducted.

I'm part of a secondary organization with a very small group of individuals called The League of Extrasensory Gentlemen. It is essentially our version of the old Ghost Club in England. With this organization, we offer an annual weekend course called the Paranormal Bootcamp 101 where attendees can learn the ins and outs of solid research techniques for information gathering. Those skills taught are then put to work by the attendees during a full-scale investigation on the final night.

The courses we offer during the boot camp are The Fundamentals of Parapsychology, Investigative Goals, Strategic Placement of Equipment, Team Responsibilities, Investigative Log Keeping, Investigative Protocols, EVP Protocols (motivation, communication, and direct questioning techniques), Equipment Functions and Use, and Data Review.

Q: What else should our readers know about you and/or your team?

Casey: Keep an eye for our upcoming documentary, *The Permanents: A Paranormal Case Study*. People can follow the progress of the film at https://www.facebook.com/ThePermanentsFilm.

* * * * *

For more information about Casey Goodwin and Oregon Paranormal, visit https://www.oregonparanormal.com/, https://www.instagram.com/oregon_paranormal/, https://www.facebook.com/OREGONPARANORMALRESEARCH, and https://twitter.com/ORPARANORMAL.◆

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Engaging the Paranormal Competently

By Michael H. White, Paranormal Research and Investigations

Have you ever experienced something that seemed paranormal? Witnessed an object that seemingly moved on its own when it should have been stationary? Visually sighted a person who appeared for a moment and then faded away? Heard words but could not account for the person speaking them?

What went through your mind? Did your mind run through several possibilities that could have produced the occurrence? Or, did you jump to one definite cause?

There seems to be a big disconnect between what people understand about the physical universe in which we all live and people's reactions when confronted by occurrences that challenge that understanding. When confronted by something that seems mysterious or unexplainable, the approaches to comprehension of the event take many different avenues depending entirely on the person's emotional dispositions, perceptional acuity, competence, and beliefs.

One person might mentally dissect the event, exploring the perceptions that were experienced, and then search for memories of similar events to see if there were strategies used to discover the cause or explain the phenomenon. Another person might simply attribute the event to a specific cause that supports their particular belief system; in other words, a ghost did it. To say which reaction is better or, more accurately, appropriate depends on the observer's reason for being in the vicinity of the event in the first place.

If the observer was going about business as usual, not at the location for anything investigative in nature, and witnessed the activity serendipitously, or knew that there was a history of unexplained activity in the location and had a desire to experience it, then simply accepting the event or labeling it as a definite paranormal event is perfectly acceptable! It is a ghost story for all practical purposes in such a case — and that is how most initial reports of experiences are passed on to others.

A human being watching, hearing, or feeling the strange occurrence is good, but in combination with appropriate equipment readings is better.

For the observer who is conducting an unbiased, fact-finding investigation, the requirement for diligence and scrutiny is more rigid. Each encounter with an initially unexplainable event must be questioned and approached from numerous perspectives.

Of course, the ideal situation is that the event was captured and witnessed by more than one observational asset. A human being watching, hearing, or feeling the strange occurrence is good, but in combination with appropriate equipment readings is better. This provides legitimacy to the event that could have been misperceived, misinterpreted, or even imagined.

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In all cases where an investigative observer witnesses or records an unexplainable event, the following immediate actions must occur: document, evaluate, speculate, and experiment.

In all cases where an investigative observer witnesses or records an unexplainable event, a series of immediate actions must occur, as outlined below.

1. Document

Write it down!

Do not include speculations at this stage; just write down the facts (e.g., Table lamp in the piano room turned on by itself, and the click of the on/off switch was audible). Running and telling someone will only dilute the accuracy of the experience.

2. Evaluate

Next, question the event in your own mind. Ask yourself the following:

a. What did I see, feel, hear, or sense?

b. Was the event captured by equipment (audio, video)? Or did others witness the event (and write down what happened)?

c. If alone: Could I have imagined or misinterpreted the event?

d. Was I mentally present when the event took place? Or was I daydreaming, thinking of other things, or hoping something would happen?

e. Do I know if anyone had previously moved or operated the object in question? If so, who, when, what did they do?

3. Speculate

Now it's time to speculate:

a. What change in the immediate environment would be required for such an event to occur?

b. Is there a specific meaning or relevance to the action? For instance, if a painting of a ship suddenly tilted and there is history of someone from the location perishing in a shipwreck ... or if the sound of someone falling down stairs and crying for help in a location where such an event actually occurred.

c. Who would benefit from making the event public?

d. Would the event have taken place if no one was in the room to observe it or possibly cause the activity to take place?

e. Has this event occurred before? What causes it to repeat?

4. Experiment

Finally, experiment!

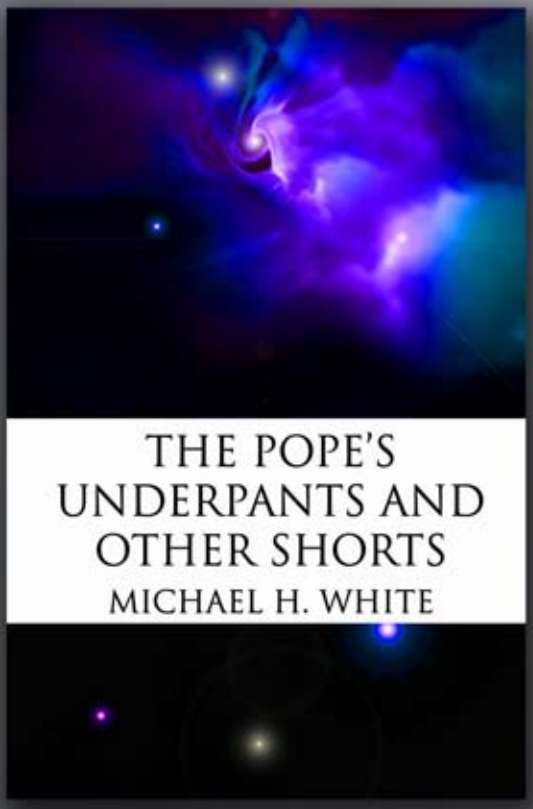
a. Can the conditions leading up to the event be recreated? If so, do so.

These are just a few of the immediate actions that serious investigators must take. All situations are different and must be scrutinized appropriately with the nature of the activity. Yet, in ALL cases, the initial steps must be taken within the person's mind, the source of perception.

Critical Thinking in Paranormal Investigation

The essence of a serious paranormal investigation is NOT to assemble evidence in order to convince people of the existence of paranormal activity. Nor is presenting data in such a way to influence the emotions of the person you are presenting evidence to — that is manipulative pathos. The purpose is to gain insight into why the activity occurs in order to determine what is causing it. The goal is understanding what it is that is being dealt with.

If it is an energy source, where precisely does it originate on the electromagnetic spectrum? Critical thinking when experiencing a paranormal event is the only thing that will allow us to reach that goal. ◆



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CLINTON ROAD:

Take a Terrifying Drive Down America's Most Haunted Roadway

By Audrey Webster, The Lineup

If you've ever wanted to play a game of catch with a ghost boy, race a phantom Camaro, or encounter a mythological beast, Clinton Road should be your next destination. Just climb in your car (going with a friend is recommended), and hit the road. Rural New Jersey's Clinton Road will certainly make your skin crawl.

A number of haunts and strange buildings are reputed to make Clinton Road their home. Depending on what time of day you drive through, you may encounter one, two, or all of these Clinton Road legends.

The Boy on the Bridge

Under one of the bridges crossing Clinton Brook, also known as Dead Man's Curve, you can find one of the road's most famous haunts. Rumor has it, if you throw a quarter into the water below and then take a few steps back, the quarter will be thrown back by the ghost of a boy who drowned while swimming.

In some stories, the ghost shoves the living visitor into the water if they peek too far over the side of the bridge.

Ghostly Car Crash Victims

There are first-hand accounts of tourists and locals seeing a ghost Camaro driven by a girl who supposedly died in a tragic crash in 1998. This appearance is triggered by a mere mention of the incident.

Others claim to have had encounters with two park rangers near Terrace Pond who are thought to be the ghosts of two rangers who died while on duty in 1939.

Ghost Truck

There are countless accounts of phantom vehicles. The majority of the sightings are of pickup trucks, but in

From ghostly car crash victims, to strange creatures, to ghost vehicles, Clinton Road in New Jersey is said to be home to a plethora of paranormal phenomena.

From hellhounds to monkeys, a variety of bizarre creatures have supposedly been seen on this road at night.

some cases there are only floating headlights not attached to any vehicle. The headlights chase drivers to the end of Clinton Road and then disappear.

Strange Creatures

From hellhounds to monkeys, a variety of bizarre creatures have supposedly been seen on this road at night. In some cases, people report seeing an unidentifiable hybrid, which vanishes too quickly for them to get a good look. The more exotic sightings are blamed on survivors of Jungle Habitat, an attraction that housed wild and exotic animals before closing its doors in 1976.

One oddly shaped stone structure is said to be the place where local Druids practiced their rituals. Legends tell of awful things happening to those who look too closely or come too close to the ruin at the wrong time.

In more historical terms, the building is actually the remains of an iron smelter from the Revolutionary War and the War of 1812. The site has now been blocked off to prevent any injury caused by exploring such a rundown building.

Cross Castle

In 1905, Richard Cross built a castle near the Clinton Reservoir for his wife and three children. A few years later, it fell to ruin after a fire destroyed part of it. It has since become a popular destination for hikers and local teenagers looking for secluded places to camp and have parties.

Many visitors have reported strange occurrences near the site. These include people who have gone into seizures, bruises that randomly appear after visiting, and strange and disturbing visions after leaving.

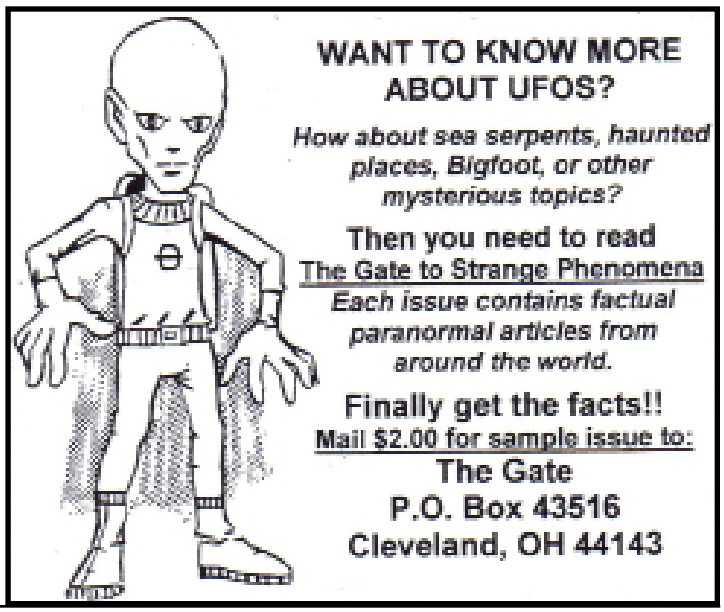
Satanic symbols have appeared on the inside of the castle's walls in areas that were previously thought to be inaccessible.

The Iceman

In 1983, a body was found in the woods near Clinton Road. An autopsy showed the man had been murdered, as well as something even stranger: Ice crystals had formed in blood vessels near his heart. His internal organs had also decayed at a rate far slower than his skin.

After a drawn-out investigation, an arrest was made in 1986 of Richard Kuklinski, also known as The Iceman. Kuklinski was a New Jersey native and hit man involved in organized crime with a local mafia.

Are you brave enough to discover what the legends of Clinton Road have in store for you? ◆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5 Ways Aliens Survive the Dangers of Interstellar Space to Arrive in Earth Skies

By Diane Tessman, Phenomena Magazine

Interstellar space bristles with extreme and exotic forms of radiation, the distances involved are so vast as to be incomprehensible, and the physiological stresses involved for the crew and ship of an interstellar craft make the trip to Earth almost impossible; at least, that's how we see it at our current human level of perception.

Planet Earth's atmosphere and electromagnetic field protect us from most radiation, but space radiation's deadly. There are three forms: space-trapped radiation, galactic cosmic radiation, and solar particle event radiation. An interstellar voyage to Alpha Centauri, the star closest to Sol, is four light years away, so any trip under the speed of light could take tens or hundreds or thousands of years, depending on the craft's propulsion system.

Make no mistake, the radiation threat is a huge barrier to space travel embarked upon by fragile biological life forms. Radiation alone just might make deep space travel impossible.

However, maybe there are other options. Perhaps we can learn more about the aliens if we update our own scientific knowledge and look more deeply into the question, "How in the world did they get here?"

1. Artificial Intelligence

Artificial Intelligence can withstand the perils of interstellar space that biological forms of life cannot.

It is likely the laws of science and math extend throughout our universe; and so, on other worlds, the sentient species would eventually develop computer-like mechanisms. Next, their computers would evolve into artificial intelligence that would be based on their own knowledge placed into advanced computers.

Today, humans are on the threshold of developing artificial intelligence based on our ongoing development of computers and the knowledge amassed by our species thus far.

As we explore deep space exploration, we realize that human astronauts, going 99.999 the speed of light or using other propulsion methods, such as ion power, zero-gravity, or nuclear fusion, would be exposed to extreme radiation in space, deadly g-forces, and other dangers that the human (organic) body simply cannot endure.

Even our International Space Station astronauts have found it physically challenging to spend a year orbiting Earth, which is nothing compared to the challenges of interstellar space! Scott Kelley's DNA changed seven percent after a year of orbiting Earth, and he had trouble walking for months back on Earth.

It seems likely that artificially intelligent individuals would be sent to interstellar space instead of the biological beings. In time, probably all beings from that planet would evolve into becoming artificial intelligence. We are told that when humans become AI, our IQs will upgrade 50 to 500 times from what they are now. High intelligence is another factor necessary in interstellar travel because improvisation and inventiveness is exactly what astronauts need to survive (ask *The Martian*).

If the occupants of UFOs are artificial intelligence, they are nearly immortal, and so the many years involved in traveling interstellar space makes no difference.

> If an advanced species from another planet developed as biological beings, they too would be harmed or killed by the extremes of space.

2. Extremely Fortified Starships

Alien starships might be made of alien materials we have not yet created or that Earth does not provide; therefore, crew members who are biological (non-artificial intelligence) could survive. Their ships block the deadly radiation.

On top of this, perhaps the interiors of their starships are "hammock-like" so that crew members on the interior stay level and protected, not suffering the extreme g-forces and other stresses hitting the outside of the ship.

These are "easy" science fiction-like answers but, as Arthur C. Clarke said, "To less advanced civilizations, advanced science is indistinguishable from magic."

3. Generational Ships or Sleeper Ships

In multi-generation-craft, the alien astronauts who originally left their home world would die in space. If they are biological beings, their lives might be short due to radiation and the stresses of space travel, but there would be new generations being "grown," probably in test tubes rather than through natural conception. Each new generation would continue their species' journey through the blackness of space for as long as they could. Eventually, they would reach their destination.

Multi-generations would probably survive through nutrient injections. There might also be known worlds along the way that would resupply water or whatever liquid sustains them, which would be recycled and then recycled again, during their voyage. Their ship's propulsion would probably be self-regenerating, such as an ion-drive.

Would a multi-generational group of alien explorers really go through such a long voyage simply for exploration? We can dream of reasons why they might have to go to space: Perhaps their planet no longer sustains life, or perhaps this is simply their way.

Sleeper ships have similarities with multigenerational ships. We have only to view *2001: A Space Odyssey* to find life-suspended, "sleeping" astronauts being awakened when they reach their destination. Aliens in smaller UFOs

→

(scout ships) that fly in Earth's atmosphere might have just awakened from a very long sleep back on the "mother ship."

4. Warping Space, Worm Holes, and Gravity Corridors

Warping (folding) space, worm holes, gravitational corridors, and even black holes as modes of transportation for extraterrestrials traveling to Earth are possibilities. They are the methods by which science fiction explains there are indeed shortcuts in interstellar travel. This means astronauts can arrive at an unexplored star system in "days" instead of the trip taking thousands of years. This brief time in space also means that starship crew members will receive less deadly radiation.

However, such possibilities are not science fiction: NASA and privately owned companies like SpaceX are actively working on warping space, which means space is folded into shorter distances by the starship, which actually stands still. At present, they find it easier to create warp drive, at least theoretically, than being able to figure out how to throw on its brakes.

Wormholes exist theoretically, but we have yet to create or discover one. They would act as a shortcut through space/time, but the challenge seems to be that they would not stay open on both ends long enough. Advanced aliens might have found a way to prop open both ends, lest they get trapped in the unimaginable reality within a worm hole, at least until it once again becomes nonexistent.

Gravitational corridors between stars and planets is a possibility. This idea applies to travel intra-solar system; for example, there is a gravity corridor between Jupiter's moon of Europa and planet Mars. Scientists are trying to map the twisting gravity tubes so they can be used to cut the cost of space travel within the Solar System. Each one acts like a gravitational Gulf Stream, created from the complex interplay of attractive forces between planets and moons.

The same concept could be used for interstellar travel; enter your starship onto the galactic super highway, which is a gravity corridor between Earth's star Sol and your home star, and set sail for the Solar System. Again, this borders on science fiction, but this is being explored by NASA for, at least, intra-solar system travel.

5. Superluminal Voyagers, Teleported Astronauts

When we stop to think about it, our communications systems are already extremely fast. We can talk to others on the far side of Earth almost instantaneously. Our communications slow down if we are talking to an astronaut on Mars; using our present methods, it would take more than 12 minutes for our message to reach Mars. This wait-time does not make for a spontaneous conversation! And, sending a message from Earth to Alpha Centauri, the closest star beyond Sol, would take four years.

However, if we can create superluminal (faster-than-light) communication, we would be able to communicate quickly with our interstellar astronauts. This would make the black, lonely, seemingly endless voyage into deep space,

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endurable. Messages from home would arrive in meaningful, current time, and the astronaut could answer right back.

We have not been able to find the path to superluminal communication — yet. This does not mean we will never discover it; always before, if humans can dream it, "it" will eventually become real. Remember that they told the Wright Brothers that humans can't fly!

What if there are highly advanced aliens who not only communicate using superluminal methods, but can upload themselves into quantum computer informational particles and send themselves superluminally? Maybe this sounds ridiculous, but consider this: Physicists refer to the Universe as being composed of "information," whereas ufologists talk about "consciousness" and how the Universe itself is consciousness.

What is the difference between "information" and "consciousness?" It simply depends on your point of view, because they seem to be the same phenomenon. Many ufologists, abductees, and experiencers agree that the aliens have something to do with consciousness and that they can affect our consciousness. So, scientifically speaking, do they reach us as information that comes into our perception?

Teleportation: *Star Trek's* transporter, which is science fiction, is helpful in conveying this concept: The alien astronaut would step into the transporter beam and be dissolved into quantum bits; he or she can then be beamed to a new location. Then bits reunify to manifest the whole astronaut. However, *Star Trek's* transporter was used only to beam down to relatively nearby locations.

Amazingly, *Star Trek's* transporter is in the research stage of becoming reality. German scientists have invented a *Star Trek*-style transporter that can scan an object and "beam" it to another location. The new machine scans a physical object, destroys it in the process, transmits it over the internet, and re-builds it using a 3D printer in a new location. Since it is effectively an early prototype for a *Star Trek* teleportation machine, its creators have named it Scotty after the chief engineer on the Starship Enterprise. Captain Kirk Would regularly order Scotty to "beam me up."

Possibly a species that is ahead of us scientifically by a few thousand years might have a transporter that could beam astronauts to other star systems. But what of their ships? Perhaps entire ships could be beamed with the alien astronauts inside.

Humans, Figure it Out!

There are, of course, methods of traveling interstellar space that have not been mentioned here. There are also combinations of these concepts. For instance, we might be visited by artificial intelligence beings who arrived on a sleeper ship. Or, a species with a thick skin might be able to survive deep space radiation and simply have ships that are heavily fortified. Their method of propulsion might be folding space, which is known as warp drive.

All too frequently, we discuss aliens emotionally: We love them; we hate them. They are supremely exalted beings of godliness who find us primitive and violent, or they are evil demonic beings who want to take our planet and our minds. Extraterrestrial visitors traveling to Earth is a topic that has enormous implications for our own evolution, but this is not religion! We need a less emotional approach.

One clue stands out to me: Alien astronauts must have as much courage as our own astronauts! Even artificial intelligence individuals want to survive; what are the chances of survival if you are the first astronaut to head into a worm hole? Extraterrestrials may not be as different from us as we assume they are.

Aliens have given us a lot of clues that we haven't really pursued. For instance, they have the technology to turn off our ballistic missile launch codes when they want to. This well-documented fact should tell us that their technology and thus their method of traveling here are advanced. Yet, they can still understand our primitive technology and manipulate it.

Does this mean they are just a few hundred years ahead of us in technology? They seem dependent on ships; they have a "nuts-and-bolts" aspect. They do not seem to be completely consciousness particles or superluminal information, although such incredibly advanced intelligence can probably take whatever shape it wishes and do whatever it wants.

If we keep digging, if we research with reason and careful observation, if we eliminate all the lying, exaggerating, and the tale-spinning in the UFO field, we will find the answer or answers.

We are capable of understanding them better than we have thus far; perhaps they are waiting to contact us until we do so. ◆

New from *Paranormal Underground* columnist

Karen Frazier

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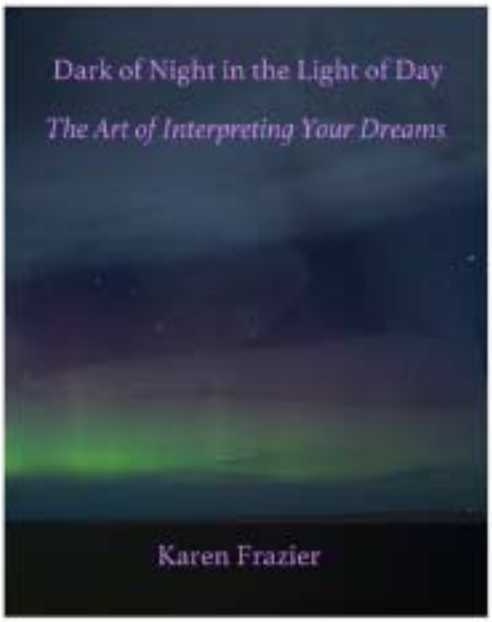

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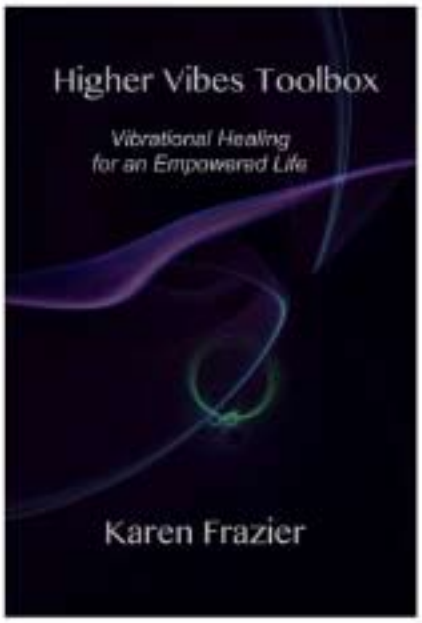

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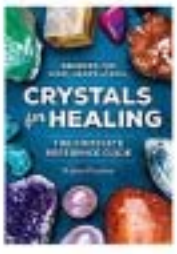

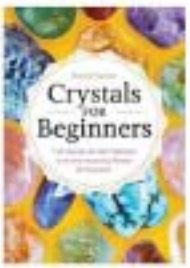

AuthorKarenFrazier.com

Ghost on the Staircase: The Brown Lady of Raynham Hall

By Jessica Ferri, The Lineup

In September 1936, a photographer and his assistant visited Raynham Hall of Norfolk, England, with plans to photograph the estate for *Country Life* magazine. The shoot was going smoothly; they had already snapped the first shot of Raynham's grand staircase and were preparing for the second. It was then that the assistant noticed the misty figure descending the steps — the Brown Lady of Raynham Hall.

The photographer quickly engaged the flash. The resulting photograph (to the right), which was published in *Country Life* in 1036 and again in the January 4, 1937, issue of *Life* magazine, caused a sensation. Paranormal researcher Harry Price interviewed both the photographer and assistant, declaring that the negative was "entirely innocent of any faking."

Visitors to Raynham Hall had long complained of paranormal activity — now they had proof.

For 400 years, Raynham Hall had been the seat of the Townshend family. In 1713, Charles Townshend, the second Viscount Townshend, married Dorothy Walpole, the sister of England's first Prime Minister, Robert Walpole.

The pairing was Townshend's second marriage, and rumor had it that Dorothy had once been the mistress of Lord Wharton, a royal playboy. According to legend, when Charles discovered Dorothy's secret love life in 1725, he locked her in Raynham Hall, telling everyone that she had died and even holding a mock funeral. In reality, Dorothy roamed the halls of Raynham Hall as a solitary prisoner, suffering until her death from smallpox in 1726.

The first ghostly sighting occurred during a Christmas celebration at Raynham in 1835. A guest claimed to have seen a lady wandering the halls in a brown dress. Another corroborated the sighting, adding that when he had approached her in the hall, she turned to him with a glowing face ... but where her eyes should have been, there were only empty sockets. Some members of the staff were so terrified of this Brown Lady, they allegedly fled the house.

***Country Life* photographer Captain Hubert C. Provand claimed to take this photo of the Brown Lady of Raynham Hall in 1936.**

A year later, Captain Frederick Marrayat, a friend of Charles Dickens, asked to stay at Raynham Hall to disprove the rumors of its haunting. He later told his daughter Florence of his encounter with the Brown Lady, saying he had chased her down the hall, revolver in hand. Florence remembered her father's experience in vivid detail:

"The figure halted of its own accord before the door

The Brown Lady of Raynham Hall is a ghost that reportedly haunts Raynham Hall in Norfolk, England. Some speculate the "Brown Lady" is the ghost of Lady Dorothy Walpole, who had been kept as a prisoner in the Hall.

behind which [my father] stood, and holding the lighted lamp she carried to her features, grinned in a malicious and diabolical manner at him. This act so infuriated my father, who was anything but lamb-like in disposition, that he sprang into the corridor with a bound and discharged the revolver right in her face. The figure instantly disappeared, and the bullet passed through the outer door of the room on the opposite side of the corridor and lodged in the panel of the inner one. My father never attempted again to interfere with 'The Brown Lady of Raynham.'"

In 1926, Lady Townsend's own son had a run-in with the Brown Lady, adding a chilling twist to the list of sightings. Soon after encountering the spirit, he grew doubly upset when he saw the portrait of Dorothy Walpole that hung in the house, claiming it was the same woman he had seen in the hallway.

Skeptics say the infamous image of the Brown Lady of Raynham Hall is a forgery. Experts theorize that the photograph is in fact a double exposure of the staircase fused with a snapshot of a Virgin Mary statue.

Raynham Hall remains in the hands of the Townshend family to this day. The current Marquess is married and has two children. One wonders if any modern-day members of the clan have had close encounters with the ghostly figure.

Whether the photograph is fake or not, there's no denying the allure of its chilling ghost story. Would you spend the night in Raynham Hall and risk coming face-to-face with the Brown Lady's empty sockets? ◆

WAS THERE MORE BEFORE THE BIG BANG?
"Exploring Our Mysterious Universe"
by Maria Anna van Driel
www.amazon.com
Exploring Our Mysterious Universe
Maria Anna van Driel

Give Yourself a CRYSTAL FACIAL

By Karen Frazier, AuthorKarenFrazier.com

Want more crystals in your life? With the popularity of crystals, they are appearing in more and more beauty products, and giving yourself a crystal facial is a great way to add crystals to your beauty routine along with organic, natural botanical products.

Step 1: Start With a Clean, Dry Face

Use your favorite cleanser, and give your face a good washing. I like to use a Clarisonic cleansing brush — I've used one for years — and whatever facial cleanser I'm enjoying at the moment. Some to try include:

• Herbivore Botanicals Pink Clay Cleansing Soap (no crystals but a really nice soap)

• Pacifica Crystal Foam Sparkling Clean Face Wash infused with rose quartz

• Sjal Balans Gemstone Deep Pore Cleanser infused with pearl, silver, gold, and rose quartz.

Step 2: Use a Crystal-Infused Mask

There are a few of these available. Two of my favorites:

• Sjal Kashmir Saphir Perfecting Mask with gold, platinum, sapphire, and copper

• Herbivore Botanicals Brighten Pineapple + Gemstone Mask with white tourmaline

Rinse the mask thoroughly. If you want, rinse with water you've infused with rose quartz and clear quartz crystals.

Step 3: Relax With a Crystal Grid

Lie quietly for 10 to 15 minutes with small crystals on each cheekbone, one your brow bone, on your third eye, on the ridge below your nose/above your lip, and on your chin.

Try nontoxic crystals, such as clear or rose quartz, amethyst, aquamarine, or citrine, all with anti-aging properties.

Play some nice relaxing music, breathe deeply, and enjoy the space.

Step 4: Spritz With a Toner

Try one of these:

• Pacifica Micellar Gem Infused Micellar Water Tonic infused with rose quartz

• Herbivore Botanicals Green Tea and Jasmine Balancing Toner (no crystals but smells fabulous)

• Aquarian Soul Rose Quartz Toning Mist (infused with rose quartz)

Step 5: Add Some Facial Oil or Serum

Use a facial oil lightly on your face, neck, and decolletage.

Some favorites:

• Herbivore Botanicals or Lapis Oil or Phoenix Oil (neither are crystal infused but both are wonderful)

• Aquarian Soul Calendula Rose Serum (infused with rose quartz)

• Lotus Wei Joy Juice Flower Essence Serum (infused with garnet)

• Pacifica Gem Serum Radiant Drops (infused with rose quartz)

Step 6: Use a Gemstone (Jade or Rose Quartz) Facial Roller or Gua Sha Tool for Facial Massage

This is my favorite step, and I use both a gua sha tool and a facial roller every morning. I keep my facial roller in the freezer (it's lovely), and I follow a standard gua sha facial massage using light pressure on my face and neck. This massages in the facial oil or serum and helps drain lymph fluids and remove puffiness. It wakes me up and feels great.

Where can you get the tools?

- Aquarian Soul has gua sha tools and facial rollers in jade or rose quartz.
- Herbivore Botanicals has rose quartz gua sha tools and jade or rose quartz facial rollers.

> *Giving yourself a crystal facial is a way to bring crystal energy and intention into your life.*

Step 7: Apply a Moisturizer

You can use a gem-infused moisturizer or your favorite. Some I love include:

- Herbivore Botanicals Pink Cloud Rosewater Moisturizer is fluffy and wonderful. No crystals, but it's amazing.
- Sjal Kura Intuitif cream is infused with a blend of crystals. It's expensive but lovely.
- Gemstone Organic Moonstone Creme is infused with moonstone for sensitive skin.

Step 8: Finish With an Eye Serum

I like to keep my eye serum in the fridge so it's cool when I use it. My favorite?

- Aquarian Soul Rose Hip and Rose Quartz Under Eye Serum infused with rose quartz
- Sjal Orbe Eye Contour Cream infused with copper
- Aquarian Soul Chamomile and Tourmaline Under Eye Cream infused with tourmaline (I can't use this one because I'm allergic to ragweed, and chamomile makes me swell. So if you have a ragweed or chamomile allergy, I'd skip this and use one of the others).

If giving yourself a crystal facial sounds extreme, it's really just another way to bring crystal energy and intention into your life through a beauty and relaxation routine you may already be following.

I do a full facial once a week and use various crystal-infused or botanical products daily to care for my skin in a gentle, natural way because it's a great way to take care of myself. And my skin loves it!

Read Karen's new energy healing book, "Higher Vibes Toolbox: Vibrational Healing for an Empowered Life," which is available on Amazon. ◆

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The Importance of Music in Spiritual Practice

By Dr. Athena Perrakis, Sage Goddess

It all starts within ... thump, thump ... thump, thump ... beats the heart. From the very beginning of life, we are moved by music, starting from the melody and rhythmic sounds of our hearts beating inside the womb.

Music triggers our pleasure centers, releasing dopamine — a "feel happy" neurotransmitter. In addition to making us feel joyous and elated, music has also been associated with an increase in immunity-boosting antibodies, as well as treatment for mild depression. Music is truly universal in a way that connects us to each other and to Spirit.

When created from the heart and with truth and pure intention, it is a spiritual expression of the most universal nature and the highest order. It precedes and transcends culture, religion, and genre and is a powerful vehicle that carries energetic frequencies to break through the myriad of barriers that separate us.

I have always been passionate about music and sounds and how they interlace to move the soul. Each beat, each lyric, each instrument symbiotically intertwining to give life to the sounds of the Universe. Music has been my constant companion, elevating my life state to higher realms, aiding in my spiritual work, and tenderly moving me like gentle, flowing water.

Music has played a significant role throughout time and continents — Buddhist and Gregorian chants, shamanic journeying, battle chants, rituals, celebrations, and more — it has always been present. I often play a variety of sounds and songs during my rituals, classes, celebrations, and events here at Sage Goddess, and I have heard from many of you how much you, too, appreciate and connect with the music.

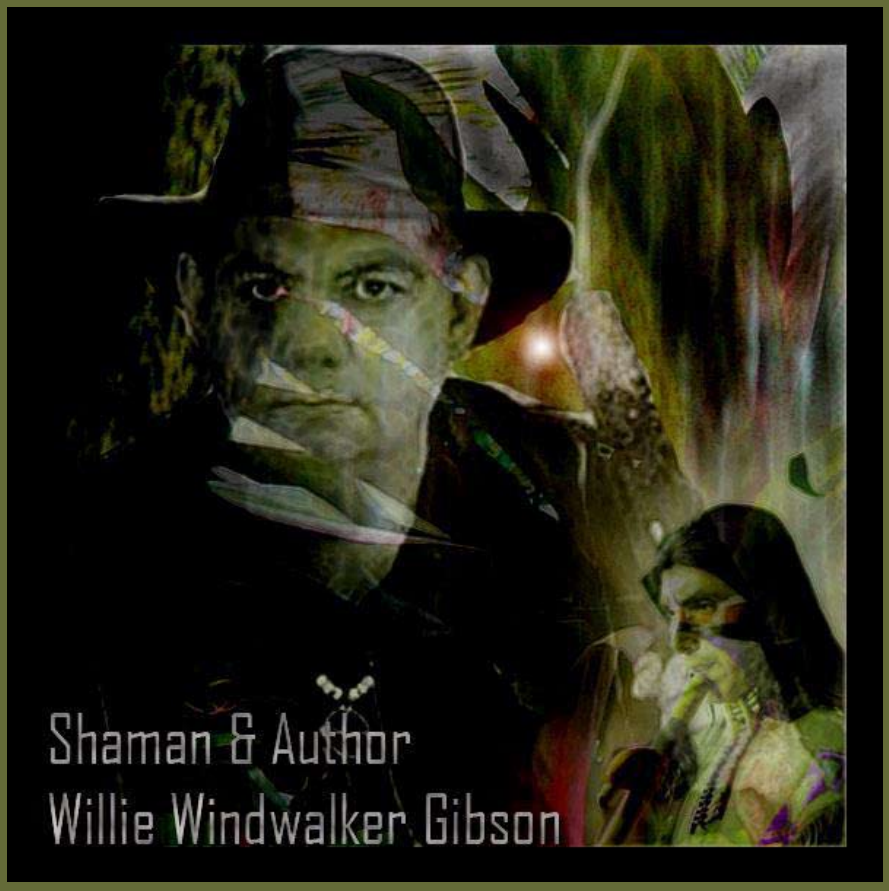
I've learned to appreciate music from all over the world, even if I don't always understand the words being sung. I open myself to the melody and energy in the singer's voice or tempo and vibrations of the

instruments, allowing them to work their magic on and through me.

When I close my eyes, I'm immediately transported into the time those sounds were created. Sometimes I'm dancing in the forest with my Celtic sisters. Other times I'm sitting in a circle with my Native American ancestors as my heart echoes the rhythm of the drums. Yet, at other times, I'm shaking it to the beat of African percussions. Music just has that effect on me. It's my lifeline to the spirit world, to my spiritual work.

Music in spirituality has to move me. It has to transport me to different realms. It has to activate and ignite my emotional body. A song that is filled with hatred, anguish, or oppression triggers anger and disdain, lowering my vibrations. The opposite is true of songs of love, kindness, and connection that carry high frequencies.

In no way do I wish to impose my musical preferences on you, but I would like you to experiment within your spiritual practice — expand your mind to experience new rhythms and sounds and open your heart to the cultures that created them.◆



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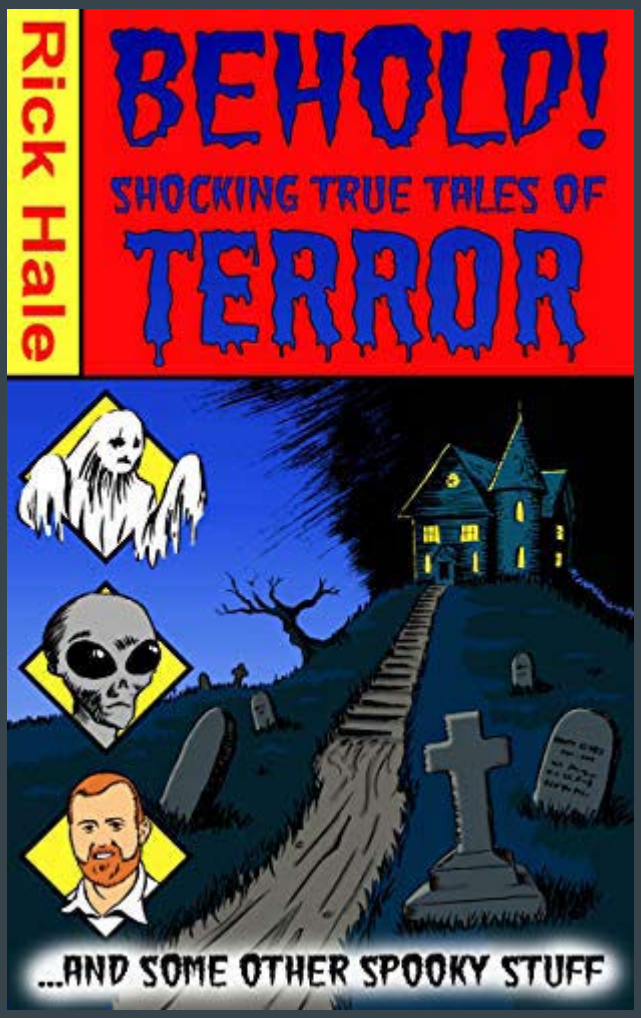

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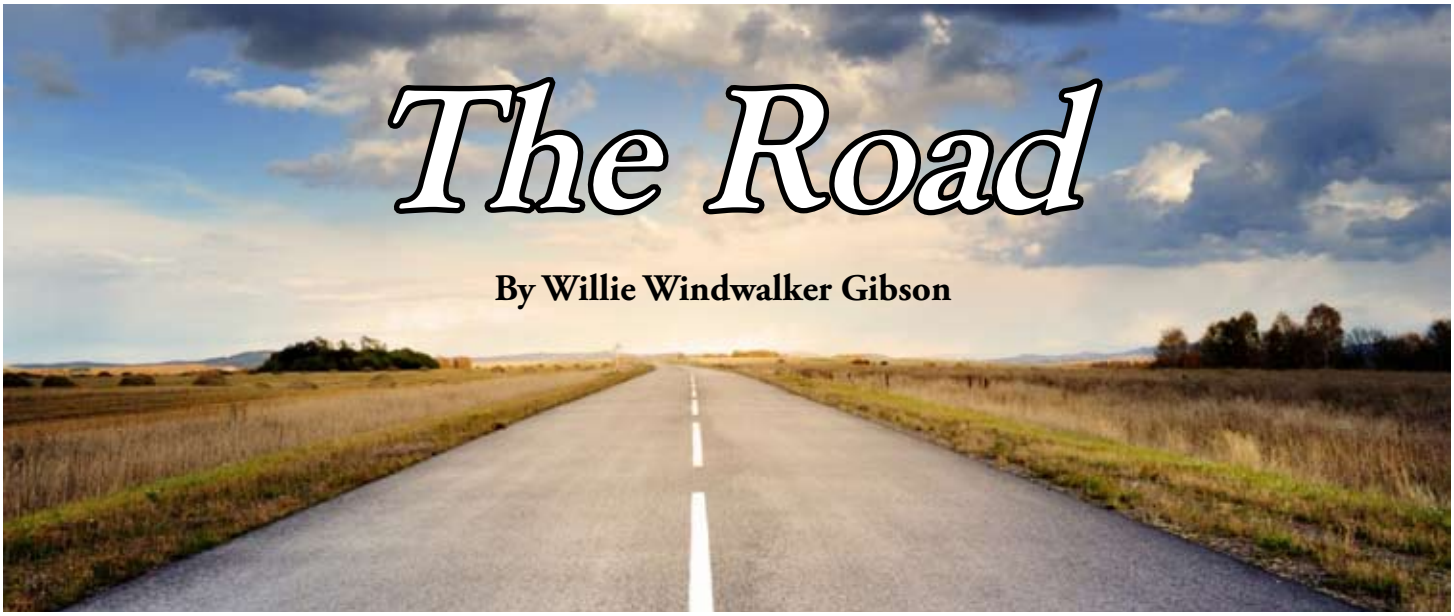

The Road

By Willie Windwalker Gibson

A lot of my stories may seem made up or unreal. In fact, sometimes after reading what I have written, it even seems unreal to me. But I want to assure everyone reading that they are all 100% real. This is one of those stories ...

It was back in 1968. I was 13 years old. I was visiting my aunt Janet and uncle Charlie in the country. They had just bought an old farm house in Fairdale, a little town about 20 miles outside of Louisville, Kentucky. It was a bit run down but had its own charm.

It was summer break, and I went to my aunt's house to get away from the city for awhile. I was the sort that never blended in with other kids, at least other kids like me. I was fat, walked with a limp, and was Native American. It was the '60s, and I got my butt whipped for the color of my skin.

I was also psychic, so I had a lot going on then. My aunt knew I had psychic energy because she had it too. She would say to me, "Willie, all of our family have some sort of gifts; be proud of what you can do."

I would listen to my aunt tell me stories of when she was younger. She would tell me of spirits that would come to her for help. One story she told me really stayed in my memory. She told me that back in the hills of Eastern Kentucky in Hazard, my Grandpa Willie — who I was named after — had a house where she and my dad and other family members lived. My grandpa would do a lot for the neighbors. He would help with crops, he would help when they were sick, and he would help when they died. Grandpa would even help prepare people for burial. He would shave the males who would die and help place them in their caskets.

My aunt said that back in the hills when people died, they were not embalmed. They were just cleaned up, put in a casket, and buried the next day. One day, a neighbor had died, and my grandpa went over to help the family get the body ready. Sometimes Grandpa would take my dad, Robert, along. At that time, he was about 10 years old.

My dad would watch as my grandpa helped with the bodies. I think my grandpa was grooming my dad to take his place one day doing this sort of thing. One time after my grandpa had finished shaving a man who had passed away, he asked my dad to help place the body in the casket. As my dad grabbed the dead man's legs, the dead man kicked my father and sat up on the table he was laying on.

My dad screamed and my grandpa jumped back. The man yelled out, "What the Hell's goin' on?"

Grandpa said, "You were dead."

The man looked at Grandpa and said, "I'm not dead."

The man said that sometimes he goes into a deep sleep and doesn't wake up for days. My grandpa told the man he almost got buried alive. The man jumped off the table, looked in the mirror, turned around, and said to my grandpa, "Nice shave, Willie."

They both started to laugh. My aunt told me my dad never forgot that day.

My father would take me to funeral homes to visit the dead, even if we didn't know them. We would go in and just go up to the casket. My father would say, "Don't fear the dead body, Willie. The soul is gone."

Sometimes I would look around the room and see the dead person there. I would tell my dad. He would tell me that they would move on when they were buried and prayed over.

I carry my dad's words with me every day. I know now he was getting me ready for the road I walk now — the road for helping the dead and the living.

Each person has their own road they travel. I hope your road leads you to the right destination. ◆

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Do Black Holes Possess the Ability to Reverse the Thermodynamic Second Law?

By Maria Anna van Driel, The Next Truth

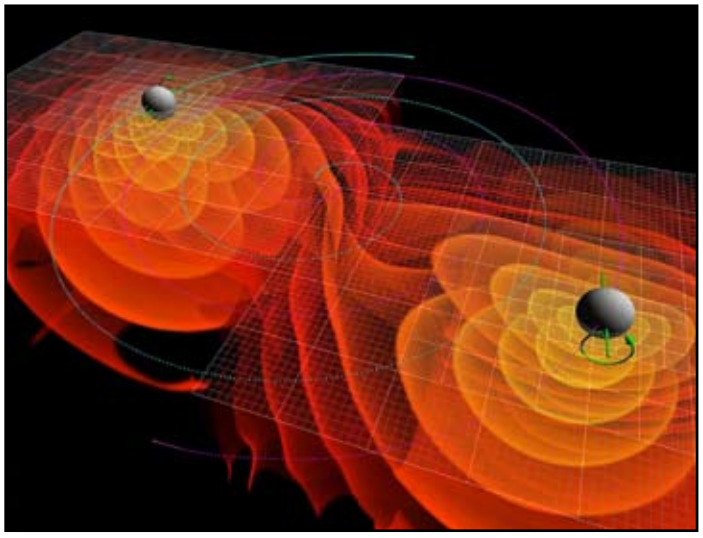
Black holes are one of the strangest things in existence. They don't make any sense at all. Where do they come from, and what is their purpose in the Universe?

Black holes are indeed mysterious and bizarre objects that really have no explanation. They contain a mysterious force that shapes our universe, In fact, science hardly knows anything about them or what lies inside of a black hole. We understand what can be seen on the outside of a black hole, but scientists have no idea of how to go inside one and take a look at what is really happening beyond its event horizon. (In physics, an event horizon is a boundary from which events cannot affect outside observers.)

To see inside a black hole, scientists would most likely have to send in a probe. However, it would probably not survive the journey, and there would be no way that the probe could transmit a signal to the outside once it had been pulled inside. This is because a black hole is the product of mass (the amount of matter, or "stuff," in an object) being squeezed together so densely and so tightly that it creates a gravitational pull that is so strong not even light can escape its grasp.

And, strange as it may sound, black holes may not be "galactic vacuum cleaners" at all, as some think. Instead they may be "galactic converters" for (electro) magnetic waves, particles, plasmas, and scalar energy.

To many, a black hole sounds like a very dangerous object out there in the Universe. But in the scientific fields of astronomy, astroparticle physics, and theoretical physics, for instance, it is well known that these mysterious objects are only absorbing debris because this debris is just close enough to be pulled in.



And fasten your seatbelts for this one: Physicists speculate that the gravitational singularity thought to be the center of a black hole was a singularity that became the Big Bang. A wild thought, but it is more than likely that black holes actually absorb the pre-Big Bang EM-waves, particles, plasmas, and nuclear energy and then crush it, shatter it, and spit it all out into the Universe as (charged) particles and gasses, for example, that feed new solar systems or maybe even gave birth to baby universes containing information from our own universe.

A teaser for the mind: Did you know that supper massive black holes are not always feeding and that they, like a galactic volcano, can "sleep" for billions of years? If a black hole runs out of food, the jets run out of power and shut down until something gets to close and the whole system starts up again.

The super-massive black hole at the center of our Milky Way Galaxy is one of those "sleeping" giants. Being all out of food, or space materials, to consume, it lies completely dormant for the time being.

Scientists also think super-massive black holes were made at the same time as the galaxy they are in. So, if we look back far enough to the beginning of our universe, right after the Big Bang we "see" that there was no such thing as "debris" in the sense that we know it today.

Much like our solar system is in a stable orbit around the sun, the vast majority of solar systems in our galaxy are in a stable orbit around a black hole and have no real reason to go plunging toward the center of it.

> We are on a collision course with another galaxy, but that will not happen for about 10 billion years.

Now that we know that this non-reflecting place in space known as a black hole — where gravity holds in so much that even light cannot escape — I want to talk about a common misconception. Black holes do not go swirling through the Universe seeking planets and moons to swallow.

Phew! What a relief, right?

With this fear being thrown into the garbage can, we can safely imagine how two black holes are slowly drifting toward each other and become one while rotating in an opposite direction of each other. And because nobody knows for sure what lies hiding in the center of a black hole, we do not have to worry about two heavy spheres collapsing and creating life-threatening disasters in the Universe.

After they have merged or collided with success, they rotate parallel within each other. In other words, the black holes have grown. During this event, only the vibrating "outer shell" is increasing and decreasing in size and could be what we know as a strange effect in "time" at the event horizon.

This rotating and vibrating, non-reflecting wall of charged sound waves can now create a perfectly measured collaboration between the centrifugal forces that are maintained by both its own and the event horizon of the inner black hole where it is absorbing/storing the nuclear primal energy in the plasma (ionized gas) floating in instant elastic vacuum.

"Through the ISS space station, we know that even in vacuum microbes can survive. And that is unbelievable that life is capable in such extreme environments," said Stefan Schwager, director of the Riesa observatory in Germany.

So if these plasmas — swirling in the earliest state of our universe and containing (due to conversion by a black hole) primal elements to form atoms that can survive the whims of the Universe — are being hit by plural (charged in any kind) gravitational waves or sonic booms, it is very

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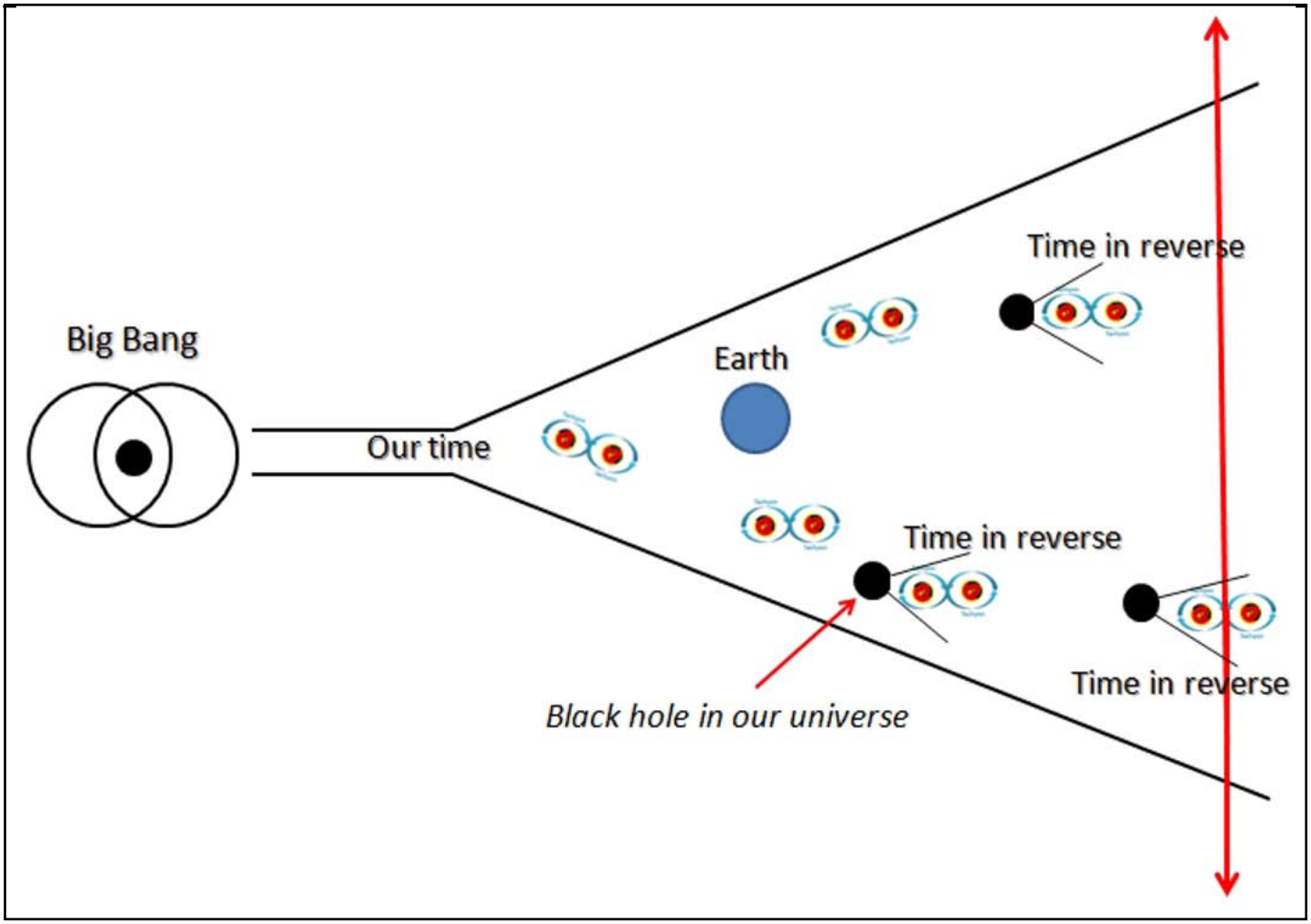


likely that this started a mind-dazzling phenomena in an early state of an alien evolution.

Like the seeds of a dandelion seeking healthy soil to grow, plasmas could have crossed the plural event horizons where they underwent the needed transformation to feed baby universes. Gravity waves created by two black holes colliding also have the possibility to spawn from the moment when the tachyon is meeting itself — whereas it is traveling around the scalar electrons while it attracts the sterile neutrino in order to gain some weight and stay in a stable orbit.

This way of "meeting itself" could create several smaller nuclear bangs or sonic booms and, thus, some funny ripples (distortions) in the Universe that produce a curved and charged highway for particles to travel on and merge or collide with plasmas, gasses, and other particles as the sterile neutrino can pick-up the vibrations the tachyon possesses.

When nature allows black holes to behave in such a manner and the subsequent effects in reversing, or adjusting, the spins of particles and thus entropic time, the purpose of these black holes is to swallow, convert, merge, and/or pull apart these "invisible" behaviors and reactions in nuclear energy, magnetism, and maybe even sound waves.

In other words, two black holes colliding provokes an effect of creating a possible Big Bang, whereas smaller black holes, which exist in great numbers in the galaxy, are reversing the second law of thermodynamics by using the first law of thermodynamics. (Energy is neither created nor destroyed; it is being converted.)

Is this energy really able to bend the thermodynamic second law ... the arrows of time? Well, it has the possibility to do so, but we have to see it from the view of the tachyon itself having an intimate relationship with the scalar electron. Think of the possibility whereby this invisible (due to its yet undetectable vibration) energy is swirling around scalar electrons with an enormous speed. When a tachyon travels with the speed beyond that of ordinary light, it would A) see this nuclear particle as only "one" and B) sees these particles always rotating in one direction.

And from this perspective we can say, with some caution, that the Universe has a "spooky action" on its own

whereby the entropic time has two, or more, ways in which it is ... ticking.

With this in mind, the possibility suddenly arises of pre-Big Bang (scalar) energy crossing the event horizon and being separated due to gravitational compression that is converting the scalar energy so it can escape the black hole's gravity. We can't ruled this out.

After this almost alkaline-looking process, this primal energy is being released as two: tachyon and the scalar electron.

The tachyon, after this, is in need of something having slightly more mass, or weight, because it is still in need of being connected with the scalar electron to stay constant. For this mass, it is highly likely that the tachyon is using the sterile neutrino due to the fact that this particle only interacts via gravity and does not carry any charge ... and, thus, the most logical thing to do is choose the path of least resistance, just like water does.

And, in an instant, this "nothing" or "sterility" in a new flavor of the neutrino becomes not nothing at all.

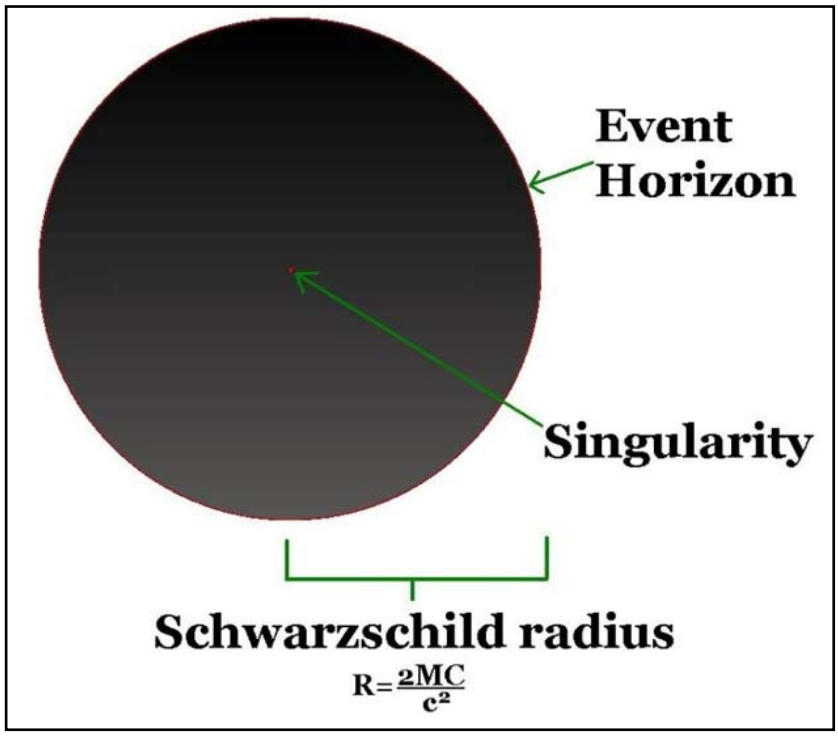
Super-massive black holes with masses millions to billions of times that of the sun are thought to lurk at the hearts of all galaxies in the Universe. And, sure, you would like to know what happens when you fall into one of these dark converters.

Current theory suggests that as you fall into a black hole ... AAAAAAAH! ... that would be you crossing the event horizon. No really. Let's say you are falling into a black hole while the rest of us are watching. To us, it would look as if you were frozen in time. None of us would actually see you cross the event horizon and travel to the singularity of the black hole.

Singularity is "a point at which a function takes an infinite value, especially in space-time when matter is infinitely dense, as at the center of a black hole." Up until today, it has not been determined what it is, exactly; it could be "something," or it could be "nothing."

However, it is thought that if you did cross the event horizon and start to approach the singularity at the center of a black hole, you would become stretched out due to the increasing differential in gravitational attraction on different parts of your body ... before presumably losing dimensionality completely and disappearing irrevocably into the singularity.

In other words, you will be subjected to "spaghettification" and then converted into quarks with information bundles containing your binary code.



According to the theory of relativity, an observer watching from a safe distance outside would see you moving slower and slower as you approach the black hole until you come to a complete halt at the event horizon. Then you would slowly turn red and disappear. However, from your perspective, you could watch the rest of the universe in fast forward ... kind of seeing into the future.

In the end, you will be a stream of noodle-matter heading toward the center of the black hole. No, really; it is the worst vacation spot ever!

Right now it is not known what happens next, but it is thought it could be one of these two things: One, you die a quick death.

A black hole curves space so much that once you cross the event horizon, there is only one possible direction for you to move in. It is like you are in a really tight alley where doors are closing behind you after each step you take. The mass of a black hole is so concentrated that at some point even tiny distances of a few centimeters would mean that gravity acts with millions of times more force on different parts of your body.

Your cells will be torn apart as your body stretches more and more until you are a hot stream of plasma, one atom wide.

Two, you die a very quick death. Very soon after you cross the event horizon, you will hit a "firewall" and be terminated in an instant.

Neither of these options are a particular pleasant one, but you will know the truth right before the end! ◆

My Infamous "Demon Photo" and the True Story Behind It

By Julie Meadows

I took a very creepy photo (pictured here) about 12 years ago at Memory Grove Park in Salt Lake City, Utah. I posted it on Tumblr about five years ago, and it quickly went viral. Since then, I've seen it all over the Internet, and people are making up all sorts of crazy things about it, from where it was taken, to what it is, that they took it, and even that it's fake.

I want to set the record straight, give you the backstory behind this photo, and hopefully get some comments from you about what you think it is.

First of all, I personally took this photo and still have the original on my memory card. It is not faked in any way I took the picture with a small Canon camera. The park where the picture was taken is just east of Salt Lake City in the foothills of the mountains. The area has many trails, and it's very beautiful there. A river runs through it, and there's a lot of Masonic symbology there.

We had some friends from out of town visiting us, and we decided to take them to the park. When the photo was taken, it was about 2 a.m. We were walking up through the trails, and at the top of one of the trails, there were two ruins of old houses. There were just the stone foundations left. That is where this photo was taken.

At the time I took the photo, I didn't see anything. I didn't hear anything. I was just flashing pictures in the darkness whenever I got a spooky feeling. And, I didn't see anything in any of my pictures until I got home.

When looking at the picture at home, I noticed a black mass within the ruins of one of the stone structures. And what actually drew my attention to it is the bright, white light that looks like an orb on the upper left-hand side of the photo. That's what I zoomed in on originally, and then I saw the black mass. I'll admit ... it freaked me out.

My sister was looking at the photo with me, and we just screamed. I had no idea what it was. I still don't. Is it a cat? A homeless person? A demon?

I made a video about the photo here: https://youtu.be/47t63lJ_gTo. I'd like to ask anyone reading this to view the video and ask questions and discuss the photo in the comments section of the video on YouTube. I'd love to know what people think is in this photo. ◆

Pictured above is an original photo that I took at Memory Grove Park in Salt Lake City. I randomly took this picture and didn't see or hear anything at the time.

Pictured to the left is an enlarged, cropped version of the above photo. Circled in red is the "entity" in question. What do you think it is?

Pictured on the previous page is a lightened, cropped version of the original photo above.

This photo was taken at 2 a.m. at the top of a trail within the park.

'Cosmos' Gateway Series'

By S.E. Smith

Q&A by Michelle M. Pillow, MichellePillow.com

S.E. Smith is a *New York Times* and *USA Today* bestseller and international award-winning author with more than 60 books in science fiction romance, paranormal, fantasy, contemporary, Western time travel, and more. She has written stories most of her life, and as a child, she loved laying out under the stars and imagining what it would be like to travel to far off worlds.

S.E.'s *Cosmo's Gateway Series* reveals what happens when humans and aliens make first contact. S.E. recently spoke with *Paranormal Underground* about her book series and views on the paranormal.

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Q: In your book, *Tink's Neverland: Cosmos' Gateway Book 1,* Jasmine 'Tinker' Bell isn't your typical paranormal heroine — she grew into it thanks to J'kar. What inspired you to create such a character?

S.E.: The *Cosmos' Gateway Series* came about through a dream I was having over and over (maybe aliens were chatting with me, after all). The story was the second book I wrote and lead to the Cosmos' Gateway Series. *Core's Attack* and *Saving Runt* are coming out in July of 2019.

Tink's connection to J'kar allows him to see and hear her thoughts — a great ability, except when she is sharing some earthly customs that practically paralyzes his spaceship. Tink loves life and lives it to the fullest. I like to think she harnesses my inner positive thoughts and projects them while on steroids. LOL.

S.E. Smith loves everything fantasy and is addicted to Happily Ever After and animated movies. She also loves spending time with family, traveling, and taking pictures.

The entire Bell family, Cosmos, and RITA (Cosmos' AI companion) liven up the lives of the aliens they meet and bring love, laughter, and a load of adventure to their world.

Q: How did you get into writing paranormal and science fiction?

S.E.: Writing paranormal and science fiction brings together the two sides of my brain — the imaginative and the logical. When I was young, I was sick a lot and spent a great deal of time in the hospital. I would dream up stories.

Six years ago, another stressful event occurred, and I found myself in a dark place. With the encouragement of my husband, I started writing the stories that I love to make up in my head to escape when things were bad. It seemed only natural that I would combine my love for paranormal elements with my appreciation for science and write the stories that take me out of this world.

Q: Why do you think readers and society in general are fascinated by the paranormal?

S.E.: Humans have been fascinated by anything paranormal since the first time we couldn't explain why the sun went across the sky and tales were created to explain it when the science for understanding it was not available.

Even now, many people would rather believe in paranormal activities instead of science — at least some of the time! It sounds better and is more fun to believe.

Q: Do you believe in the supernatural? Or are you a skeptic?

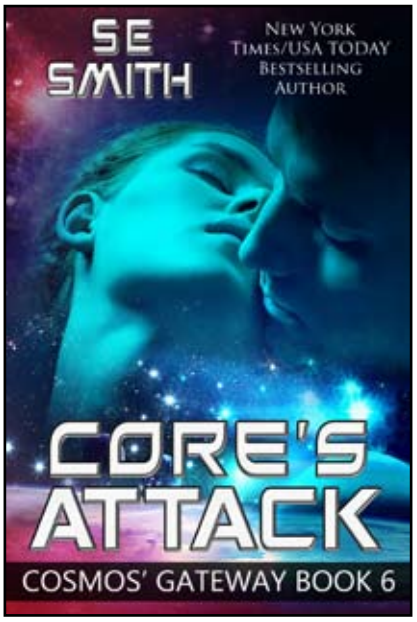
S.E.: I do believe in the supernatural. We see unexplained things happen in life. Will they one day be explained? Possibly. But, until it is, it is supernatural. I also believe we still have a lot to learn about the human mind and the natural world around us.

Q: Have you ever had a paranormal experience?

S.E.: Yes. A couple of years after my parents died I had a very, very real experience where I saw them together again. My father was standing with his arm wrapped around my mom, and they both turned to look at me. They were the same age as when they died, but they appeared younger simply because they were happy.

Normally, with dreams, you know you are dreaming and you often can't remember when you wake up. This one woke me up, but it was the rush of emotion that swept through me — a sense of peace and happiness for both of them — that washed through me that hit me the hardest. You see, my father had multiple sclerosis and hadn't been able to walk for nearly 20 years. He passed away three years before my mother was killed in a house fire.

To see them together, happy, at peace, and healthy, had a profound effect on me. Whether this was a paranormal experience or just a dream, no one will ever know for sure. For me, I know that it was different from anything I've ever experienced before.



S.E.'s *Cosmo's Gateway Series* reveals what happens when humans and aliens make first contact.

Q: Have you ever been abducted by aliens?

S.E.: If you ask my hubby, he says every time I get my hair done! No, I haven't been abducted in the literal sense, but definitely every time I write a new story. I get to go on adventures that would otherwise be impossible to go on and see things that I'm sure are really out there.

Q: If you could time slip to any year, when would you go?

S.E.: I would like to go to the future, maybe 200/300 years. We know what has happened in the past; I'd love to see what the future brings along with the technology. I hope it is more like what Gene Roddenberry envisioned instead of Mad Max!

Q: If you could be anywhere while writing, where would you be and why?

S.E.: I've found my perfect place in the mountains of North Carolina. While I can write anywhere, I do love sitting and writing there.

Otherwise, I enjoy writing anywhere but in my office — due to the fact that would mean I would have to clean it. LOL. Yes, it is a bit of a mess — or organized chaos as I like to call it.

Q: What is your favorite ghost story/movie?

S.E.: My favorite ghost story is *Casper*. I love everything about him — his love for adventure, his positive outlook, and the fact that he loves his three "uncles" even if they are a pain-in-the-afterlife. The movie captured all of that, plus the adventure and humor.

Q: What is your favorite paranormal/science fiction movie?

S.E.: This is a super tough one, as I have several. I love *Star Trek* and the original three *Star Wars*, but I adore *Stardust* and *The Princess Bride*, which I think should fall into the paranormal category.

I love anything that combines action, adventure, suspense, and romance with a strong dash of humor and fantastic dialogue. These movies did a fantastic job of that. I am also a softie for *Field of Dreams*. LOL.

Q: Have you ever personally met someone who has paranormal abilities?

S.E.: I've had the privilege of meeting several people during my life that I believe have paranormal abilities. Some recognize that they possess these amazing talents, while others were not aware that they possessed them.

I met someone who can see and feel someone's aura and another who can sense or feel an illness. In addition, I've met people during my life who have a special touch with plants and could make things grow in places that would otherwise have been impossible.

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To learn more about S.E. Smith and her books, visit https://sesmithfl.com/. ◆

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